

Life's Journeys

A determined woman, living humble life

By Rebecka Lyman, Reporter

A petite woman, with bright eyes and a smile upon her face opens the door of her Oklahoma City home.

Florence (Flo) Pricer, Cheyenne and Arapaho tribal member, was born July 5, 1930 at St. Anthony's Hospital in Oklahoma City to Lilly Moppin Hodgkinson and Elmer Leroy Hodgkinson Jr.

"My mother has passed on at the age of 95, my dad Elmer Leroy Hodgkinson Jr. is where the Indian side of my family comes from. My father enrolled us as tribal members in the 1930s." Pricer proudly said. "I have five brothers and sisters. Robert Hodgkinson and Helen Shock, they have passed away. My older sister, Virginia Poisal, Elmer Leroy Hodgkinson, III and my younger sister, Marie Seay, are still with us."

Pricer sits down on her cream colored sofa in her sun lit living room as she continues her story.

"I got my Indian blood from my father, he is Arapaho. His mother was Stella Keith and she was married to Elmer Leroy Hodgkinson Sr. Stella's parents were Marie Poiselle and Benjamin Keith, Marie's mother was Snakewoman who was married to John Poysal," Pricer said. "It is a wonderful bloodline."

She was in grade school when her parents separated and divorced.

"We had lived in New Orleans where my father worked for the *Times Picayune* as a newspaper man. I believe I was about 7 years old when we moved back to Oklahoma City. My

parents were so much alike, they both enjoyed classical music, both would write, they both loved the arts, so it made it a challenge in their marriage," Pricer said. "You can say that is where I was blessed with my talent to paint."

Pricer stands to her feet and walks over to her own paintings that line her living room walls.

"This is my first painting of my grandmother, I did not know a squatting thing about painting. I didn't know how to mix the colors or anything, but I just love this painting," Pricer smiled. "All of my paintings were done years apart, but a few of them have similarities. One day I was watching Nova; I realized that I was painting the Great Teton Mountains of Salt Lake City. A place where we lived once, but I will get to that later."

As Pricer returned to sit down on her sofa, she passed by the french doors that lead to a balcony that over looks Hefner lake.

"Now where was I at ... oh! I lived with my mom, brothers, sisters and my grandparents. I remember crying when we were leaving New Orleans on our way back to Oklahoma City, because we were



Submitted photos
Florence "Flo" Pricer during the 1950s.
leaving my dad. I loved my dad so much," Pricer lifted her head and looked out the french doors. "I also remember one time
See *Determined woman*, page 8

Cheyenne and Arapaho Tribal Tribune
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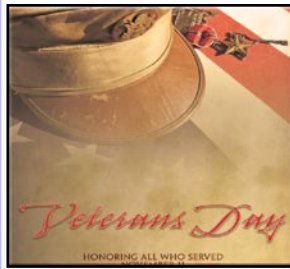
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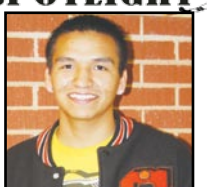
Candlelight vigil
honors victims of domestic
violence
pg. 2



Veterans Day
HONORING ALL WHO SERVED

A special tribute to
Cheyenne and Arapaho
Veterans Insert

SPORTS
SPOTLIGHT



Kyle Gilbert
pg. 12

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NAJA
Native American Journalist Association

Cheyenne and Arapaho Head Start Day



Photos by Rebecka Lyman

In celebrating 30 years from which former president Ronald Reagan declared October to be *National Head Start Awareness Month* the Cheyenne and Arapaho tribes' Governor Janice Prairie Chief-Boswell and the City of El Reno's, Mayor, Matt White signed a proclamation recognizing Oct. 22, 2012 as *Cheyenne and Arapaho tribes of Oklahoma Head Start Day*.



Students of Cheyenne and Arapaho
Tribes of Oklahoma, Concho Head Start.

Cheyenne and
Arapaho tribes
receive \$15
million from
Chesapeake

By Rebecka Lyman, Reporter

The Cheyenne and Arapaho tribes' Tax Commission called for an emergency meeting on Oct. 19, 2012 held at the Concho Administrative building in Concho, Okla. The meeting was called to discuss the \$15 million they received as a severance tax recovery payment from Chesapeake Oil and Gas Company.

"The tax commission decided to use a portion of the funds recovered from Chesapeake for our tribal members and their families. A lot of our members have been out of work for the past seven months. The holidays are coming up and I believe they have suffered

enough." Virgil Franklin, Cheyenne and Arapaho tribes, tax commissioner said. "We are encouraging each tribal program to submit a proposal and justification for consideration of this tax recovery ... for the program needs, not the wants."

A Cheyenne and Arapaho tribal member's company discovered Chesapeake had not paid severance tax on several leases for the last 10 years. Once submitted, Chesapeake immediately fulfilled the severance tax settlement of \$15,570,288.90.

"These tax recovery

See *Chesapeake*, page 8

Candlelight vigil honors victims of domestic violence

By Rebecka Lyman, Reporter



Photo by Rebecka Lyman
Bobbi Hamilton lights a candle in memory of her niece, Neithi Hamilton.

As the month of October comes to a close, the Cheyenne and Arapaho tribes, Domestic Violence program staff hosted a candlelight vigil on Oct. 26, 2012 at the Concho Community Center in Concho, Okla. Families and friends came to honor the memories of those who lost their lives because of domestic violence and to those who have survived.

“Hi my name is Laurie, I am a survivor and I wanted to share with you a little bit about my story beginning with my childhood and later into my adulthood. I am originally from Thomas, Okla. and my mother is a woman of good standing. She is a compassionate and gracious lady who has strived to make my life better. My father, as I call him, was never the real type of dad, he was not the type to bring love and joy into our home,” Laurie Penner, guest speaker said. “The one memory I have of him is the pair of cowboy boots he wore, because he used them to hurt us all the time. I remember my mother getting abused because the supper she made was not

what he wanted or liked.”

Laurie said she remembered how nervous she, along with her mother and siblings, were as they awaited the arrival of their father coming home from work.

“I remember one night my father grabbed my older brother from his pajamas and pulled him off the top of the bunk-bed and dropped him like he was nothing. My mother tried her hardest to protect us, but in return she would get hurt over and over. I saw my father beat my mother with a gun to the point of when she was unconscious,” Penner said. “As the years went by my mother chose to remove us from the home.”

Penner explained that during the time of her early youth the police would rarely get involved.

“The police seemed to be scared of my father on the night he attempted to run us down with his car because he was angry that my mother had left him,” Penner cried. “My mother divorced my father and my father was awarded visitation. One weekend my father came to get us, my sister and I were already in the car awaiting our brother. I remember my father saying to us ‘once your brother gets in the car you will never see your mother again. Needless to say I got out of that car with my sister as fast as I could and I chose to not be around him.”

Penner fast forwarded to the year of 2004 speaking of the man she thought would love her forever.

“I came home one evening and was blind sided by a force that knocked me to the ground. As I lay on the ground trying to figure out what had just happened, while the person who ‘loved’ me was on top of me choking me. I knew I had to overcome and get away from him as quickly as I could,” Penner tearfully said. “Once I was outside. I was glad. I called the police and waited for 45 minutes. The first thing the cop asked me was ‘what did you do to provoke him, what did you do to make him mad?’ I was thinking this isn’t right, this should not be what happens to people who are hurt.”

Penner said she was totally thrown off guard by their comments and the two policemen told her that they could not really do much.

“They said to me he is calm now so just leave him alone. I was told to leave my own home, so that is what I did. The next morning when I woke and had a perfect imprint of his hand on my neck, I thought to myself this is not right. I went to the police station to see about charges being filed,” Penner vehemently said. “It was almost like they were shocked to see the bruises I had. The officer on duty asked me if he was put into jail. I told them, ‘no they let him go,’ the officer just shook his head.”

Penner went on to speak of another night when her daugh-

ter was home with her and her abuser showed up at her home to pick up his belongings.

“There was a knock at the door and my daughter answered, it was him asking to get his belongings. My daughter let him in, he came into my room, shut the door and started to come towards me and I already knew what he was going to do. I yelled for my daughter to call the police and he grabbed a bottle off of my dresser and tried to hit me,” Penner said. “I heard my daughter yelling and trying to get in the door, but he had locked it. She proceeded to break the door down, the door frame hit the floor and she attempted to get him off of me. Luckily she was still on the phone with police and the officer heard everything that was going on and sent officers immediately. Fortunately they made it before he left and they arrested him.”

Penner said since her daughter was a minor and she had reported the time before, the detective in charge contacted the district attorney and they processed charges on him.

“As we went through the process, were often told that most victims won’t show up for court. It was a proud day for us when a jury read the verdict and our attacker was sent to prison. The judge commended us for being strong and to this day our attacker is still in prison,” Penner said. “I know my story is not one of pride or joy, but hopefully it will help someone to find the courage to not give up and stand strong so that you can have justice for yourself,” Penner cried. “As we are here to honor the ones who are not able to live the life that they had expected to have our community of Thomas will always remember Vanessa Youngbear. Vanessa was sixteen years old and full of life, she was excited to be a cheerleader in high school and expecting her first child. I will always remember her smile and how she was always a good friend to my kids. She was always laughing until on July 22, 2002 her ex-boyfriend shot her and ended all of her dreams of ever being a mother and cheering for the Thomas Terriers. We can honor the past as each day goes by, but we will never forget.”

Augustine Red Hat, Cheyenne and Arapaho tribes, domestic violence advocate said she is very proud of the Cheyenne and Arapaho Domestic Violence program.

“We hear stories like this on a daily bases and I believe we have an excellent program for those who want to seek help and get out of an abusive situation,” Red Hat said. “We have a 24 hour hotline. Male or female, no one is ever turned away. We have resources we can refer them to within our tribe and other tribes that will help them take the steps they need to live a better life.”

At the end of the ceremony families and survivors lit candles in memory of those gone on. After the candlelight ceremony family and friends said a prayer outside before releasing purple balloons into the cool evening sky.

Tribes say farewell to long time employee, assistant attorney general

By Rebecka Lyman, Reporter



Photo by Rebecka Lyman
Cheyenne and Arapaho tribes’ Gov. Janice Prairie Chief-Boswell presents former assistant attorney general, Kim Richey with a Pendelton blanket during her farewell party.

On Oct. 19, 2012, Kim Richey, Cheyenne and Arapaho tribes’ assistant attorney general, was given a breakfast farewell party from the Cheyenne and Arapaho tribes’ Governor, Janice Prairie Chief-Boswell, Charlie Morris, Cheyenne and Arapaho attorney general and tribal employees at the Lucky Star Event Center in Concho, Okla.

“She will be missed. She may not be a tribal member, but she is a member of our tribe in our hearts,” Morris said. “I have had the honor and privilege of working with her for four years and I wish her all the best on her journey and new job.”

Richey has accepted a position with a Europe based law firm.

“I have come to love the tribes and working for and with you all. I am not of the Cheyenne and Arapaho tribes, but I think of you all as my tribe and my family.

I will greatly miss you all. I will miss your friendship and your kindness. I have had some of the best times in my work history with the tribes. Thank you for teaching me so many invaluable lessons and giving me the best experience in my legal career,” Richey said. “I am so thankful for the professional experience, but I am most thankful for the great life lessons the Cheyenne and Arapaho people have taught me in my time here at the tribes. I have learned some life-long values and lessons through all of you. You have helped and supported me through many things in my life such as losing my father. I could not have made it without many of you helping me through with your prayers, caring words and caring support.”

Morris said the Cheyenne and Arapaho tribes’ have hired Albert Ghezzi for the new Cheyenne and Arapaho assistant attorney general.

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FIRST PEOPLE

THE 10TH ANNUAL ELDER'S CONFERENCE

CHEYENNE & ARAPAHO TRIBES

Diabetes Wellness Program presents

The 10th Annual Elders Conference

9 am-3 pm Friday Nov. 16, 2012

Concho Community Center

Cooking Demonstrations

Photo Booth

Chair Exercises

Health Screenings & Fitness

Health Related Topics

Various Booth Information

Door Prizes and Much More

For Information Contact the Diabetes Wellness Program (405) 422-7723

Transporation Schedule

10th Annual Elders Conference

Concho Community Hall, Concho OK

Friday November 16, 2012

~Respect Transportation Schedule~

Thomas-Terrier Express.....7:30 am

Weatherford-Former Homeland.....8:00 am

Okla. City-WalMart(MacArthur & I-40).....8:00 am

El Reno-WalMart.....8:30 am

Geary-North Store.....8:00 am

~CHR Transportation Schedule~

Canton-Shell Gas Station.....7:30 am

Kingfisher-Love's.....8:30 am

Hammon-Post Office.....7:00 am

Clinton-Homeland.....7:30 am

Seiling-Flower Shop.....7:00 am

Watonga-Dominoe Truck Stop.....8:00 am

For Further Information Contact: (800) 247-4612

Respect: Ext. 27570 or 405-422-7570 or CHR: Ext. 27670 or 405-422-7670

Inaugural powwow with healthy theme shows big heart

By Tish Leizens
Indian Country Today Media Network

The American Heart Association (AHA), with four other partners, is honoring all heart attack and stroke survivors and their families in their inaugural powwow Nov. 3, 2012 in Concho, Okla.

“This is the first time the American Heart Association is hosting this event. We are putting this event together to raise awareness and significance of heart disease in Indian country,” Rachel Crawford, AHA’s regional health equity director for Native American/Alaska Native Initiatives said.

AHA is collaborating with the Indian Health Service, Cheyenne and Arapaho Diabetes Wellness Program, Cheyenne and Arapaho Community Health Representative Program and the Association of American Indian Physicians (AAIP).

The Honoring the Beat of Life powwow, to be held at the Concho Community Center, features the typical activities associated with a Native gathering, including color guard, gourd dancing and dance competitions but with added healthy and free benefits such as health screenings, adult flu shots, cooking demonstrations and Zumba.

One of the highlights of the event is the special appearance of Native champion professional boxer, George “Comanche Boy” Tahdooahnippah. He will deliver an inspirational speech on how he changed his own life with healthy habits.

“Heart disease is a number one killer. We hear of people impacted by heart attack or stroke,” said Crawford, adding that a powwow is one way to tell people that AHA can provide resources to the community.

“We want to get the whole family together, reach out to mom and dad and deliver the message,” she said.

Gary Lankford, AAIP program director said the AHA should be commended for making American Indian health a priority.

“Heart disease is a leading cause of death for tribal citizens in Oklahoma and across the nation,” Lankford said. “We joined in supporting this inaugural pow wow because we are also committed to creating healthier communities and one key way we can do that is through these educational opportunities at family focused events.”

Lankford added that a commitment to preventative health-care can improve life expectancy and life quality in Indian Country.

“We can work to improve heart health by addressing disproportionate obesity and smoking rates in Native families and creating better access to physical exercise and healthy foods,” he said.

The Office of Minority Health said that American Indians/Alaska Native adults are 1.4 times as likely as white adults to be current cigarette smokers; twice likely as white adults to be diagnosed with heart disease and 1.3 times as likely as white adults to have high blood pressure.

Crawford said each partner has a role in the powwow. The Indian Health Service is providing the flu shot; AAIP is sponsoring the speaker and Zumba; the Cheyenne and Arapaho Diabetes Wellness Program is donating the buffalo meat for



Courtesy photos

Above, George Levi with his son, Harding, will be the Head Man Dancer at the Inaugural powwow. Right, George “Comanche Boy” Tahdooahnippah will be the guest speaker.



the free traditional meal that is being served and the Cheyenne and Arapaho Community Health Representative Program is doing the health screening.

Crawford herself, with a nutritionist, will hold the cooking demonstration with new recipes that are Native specifics, such as green chili stew.

“The interesting twist is the traditional meals for everybody,” said Crawford, referring to the powwow program. “The supper to be provided to guests consists of buffalo meat, buffalo stew, vegetables and wild rice.”

Performing at the powwow are Burl Buffalomeat as MC; Ricky Candy as Head Singer; George Levi as Head Man; Roberta Hamilton as Head Woman; Kendrick Sleeper as Arena Director and V.A. Warriors Color Guard as the representing color guard.

There is a winner-take-all dance adult contest in combined categories and tiny tots. The categories include fancy and jingle, buckskin and cloth, straight and traditional dance and grass and fancy.

If this event is successful, Crawford said she anticipates a powwow on a grander scale, possibly to be held in New Mexico next year.

Winter Count at Roman Nose State Park

Submitted article

Wah kin e Winter Count will be held Nov. 17, 2012 at the Roman Nose State Park in Hinton, Okla. Come and experience life with the Cheyenne and Arapaho tribes in a winter camp setting. The event is a collaboration between the National Park Services and the Cheyenne and Arapaho tribes.

Ken Weidner, Cheyenne and Arapaho tribes’ Department of Education, will be bringing a lodge with complete replica furnishings of the 1800 era. Weidner has done his research and makes items as they would have been made during that time period. He has done work for the Plains Indian and Pioneer Museum, Washita Battlefield NHS and other sites. He has also been involved with various workshops and conferences.

Woodson White Bird, Cheyenne Historian, will be presenting history about the role of a warrior. He has done work for Ft. Reno, Washita Battlefield NHS and Chisholm Trail.

George Levi, Cheyenne and Arapaho, Ledger Art artist, will teach about the history of Ledger Art and the students and visitors will create their own artwork.

The Plains Indian and Pioneer Museum of Woodward, Okla. will conduct the teachings of the Buffalo Hunt from the Folsom period.

Washita Battlefield National Historic Site will have furnishing of a lodge that the students and visitors can experience. Students will create tipis or winter count on paper.

Chris Yellow Eagle, drummer/singer, will teach about song and dance.

The Roman Nose State Park ranger will also provide a night hike that begins at 8:30 p.m.

For more information about the Winter Count event or other information call the Roman Nose State Park at (580) 623-7281.

Wah kin e
Winter Count
at
Roman Nose State Park
November 17, 2012

Winter Count
Histories or events recorded on a buffalo hide, using
pictures or symbols.

Join us as we experience life with the Cheyenne &
Arapaho in a winter camp setting.

Come Be a Part of Tradition

Contact Information
Roman Nose State Park
580-623-7281
www.travelok.com

Collaborative Event with the
National Park Service &
Cheyenne & Arapaho Tribes

Photo by Steve Kuhn

TRIBAL TIDBITS

Photos by Rebecka Lyman



Right-The boys have their sleeping bags rolled out inside the tipi.



Left-Kendra Tapaha, 14 and Rylee Hamilton, 13 arrive with their bags and ready for camping.



Right-Tannter Island, 12, enjoying his time at the Fall Camp Out.

The Cheyenne and Arapaho tribes, R.E.Sp.E.C.T. Program teamed up with the Diabetes Wellness program to host a Fall Camp Out for tribal youth from Oct. 17-20, 2012.

The youth slept in tipis and tents, built campfires at night and enjoyed a fun filled schedule of different events at the Concho powwow grounds in Concho, Okla.

The students took a trip to Oklahoma City on Friday Oct. 19 to attend the NIEA youth conference, which featured Bunky Echo-Hawk displaying his talents as he performed a live painting.

Photo by Rebecka Lyman



Damon Dunbar presents keys to the Canton Native American Community Center to Gov. Janice Prairie Chief-Boswell.

On Oct. 11, 2012 Damon Dunbar, Cheyenne and Arapaho tribes’ Housing Authority, special projects coordinator presented the keys to the Canton Native American Community building to the Cheyenne and Arapaho tribes’ Gov. Janice Prairie Chief-Boswell.

Courtesy photos



Left-Raven Oliver and Delaney Schoolcraft making bone chokers.

Right-Newakis Black and Jade Forte making salad for EHS faculty dinner on parent-teacher conference night at El Reno Secondary Schools.



Above-Delaney Schoolcraft, Raven Oliver and Andrew Miles show the bone chokers they made during lunch hours at El Reno High School.

On Oct. 10-11, 2012 students who participate in the El Reno High School (EHS) Indian Education Program at the have been busy making bone chokers during lunch hours at EHS.

The Indian Education program also held secondary parent/teacher conferences at EHS and Etta Dale Jr. High Schools (EDJH) on Oct. 15-16, 2012.

The students made dinner and provided the salads for faculty and staff at EHS and EDJH.

“I know that our native community supports all of our youth and children in their endeavors and I wanted to share with parents and relatives about how well they are doing,” Mary Monetathchi, Indian Education director, said.

EATING well for DIABETES

By Tara Conway, MS, RD/LD, CDE
C&A Diabetes Wellness Program

For the month of November the Diabetes Wellness program is focusing on persons who have been diagnosed with diabetes. We wanted to hear their stories. We want to thank everyone who came forward with their stories and commend them on their good work, keep it up. Some were hesitant at first, but as they thought about telling their stories they hoped that they could share words of encouragement and help people make healthier lifestyle choices. Below is one of the elders who shared their story with us.

“Greetings tribal members, my name is Pauline White Tail. I am a Cheyenne-Arapaho tribal member and elder. My parents are the late Edwin George White Tail and the late Ruth Bobtail Wolf. My paternal grandparents are the late Arapaho chief Ralph (Black Turkey) White Tail and the late Pauline Howlingcrane. My maternal grandparents are the late Donald Bobtail and the late Daisy (Heap of Birds) Miles.

In June of 2008 I was sick, not feeling well. I was in constant pain, teeth were falling out, freezing and my hands and feet were totally numb. I was diagnosed with Reynaud’s phenomenon. I was given medication for the pain and come to find out I was allergic to the medication. Then I got the news I didn’t need to hear....

In August 2008 I was diagnosed with Type 2 Diabetes, on my birthday no doubt, what a great present! I was in total denial, not knowing where to turn for help. I was overweight, not eating properly and not even attempting to exercise. Then in October of that same year I was diagnosed with diabetic Neuropathy, Oh! That really hurt, I would cry daily. Again, I could not eat due to the medication causing drowsiness, unable to do my household work, my legs began to swell, which I found was caused by an allergic reaction to the medication. Here I was, raising a grandson since he was three days old and had a son who would soon be graduating and I had to depend on them to help me to the bathroom, which was humiliating and embarrassing. Putting all of the pain aside to help my grandchildren and to make a difference in their lives, I filed for guardianship over the three younger grandchildren. I thank the Jehovah God for letting me do this for them.

What should I do was the next question I kept asking myself. Should I sit around and feel sorry for myself or get up and do something about being diagnosed with Satan’s disease. I turned to the “Word of God” and all I needed was to grow closer. Jehovah God has always been in my heart, but I had to mature from a spiritual babe, learn how to put off the old man (carnal heart) take on the New Man (spiritual heart) which is perfect because it is created after the image and likeness of Jesus Christ.

My religion has helped guide me make changes toward a better lifestyle by incorporating diet and exercise into my life. I went to the doctor, got a full check up, complete physical and continued researching and started turning my life around.

As months passed I was inspired by my son and my granddaughter to change my entire ways of eating. I started on this lifestyle change by cutting calories by drinking water or unsweetened beverages, instead of the sweetened tea and sugary drinks I had been consuming. I changed my milk from whole milk to low fat milk and I eat whole grain foods

November is National Diabetes Month

of fiber instead of the processed white foods. I eat a good source of fiber which is at least three grams and five grams being the best. When grocery shopping, I read food labels and I look for reduced sodium or no salt added foods in packaged and canned foods.

When it comes to fruit and vegetables, think fresh. I eat highly processed foods less often and in smaller portions. I have cut back on foods high in solid fats and added sugars such as cakes, cookies, ice cream, candies, pizza, ribs, sausages, bacon and hot dogs. I use the foods as occasional treats, not as everyday foods



Submitted photo
Pauline Whitetail participating in the 2012 See Spot Run 5K.

In August 2008, I also started exercising by running one block at a time, my distance grew into eight blocks and then into a mile. Today I run an easy two or three miles a day, depending on how I feel, I run three to seven miles. On a hard day I split my running into two parts with my three younger grandchildren who are in cross country, running the hills of the cross country as part of my exercise.

At my age, I am very thankful for the ability to walk and run on this earth (Holy ground). I have a loving spouse who is supportive and sponsors me in 5K running events and supplies raffle items for the registration fees for the events.

I stated to my granddaughter, Heather, that I was going to retire from running when I reached age 60 and she said ‘Oh no Grandma, I won’t have anyone to run with’. She inspired me to continue my exercise. When I am at the Diabetes Wellness fitness center in Concho I do one or two miles on the treadmill. I saw my friend Esther and told her I was going to retire from running and she replied, ‘No, Pauline please don’t stop running you are doing well’. Since then I have ran several 5K events.

In 2011, I competed in The Buffalo Run, The Great Race 5K, Chill Your Cheeks 5k and Run for Your Life 5K. In 2012 I competed in The Run for Your Dream 5K, Stars and Stripes 5K, See Spot Run 5K, Thomas 5K, ADA Run to Stop Diabetes, Great Rat Race 5K, Oklahoma Heritage Land Run and the 2012 Midnight Streak 5K.

I give glory and praise to our Heavenly Father for allowing me to do what I do and that’s running. I pray daily and try to remember to pray and give thanks before each 5K run, and if I forget to do it before, I pray while running.

If I can make these changes so can you. I control my diabetes through diet and exercise. I encourage each of you to make one small change at a time because eventually they turn into big changes. Thank you to the Diabetes Wellness program for asking me to share my story.”

Pauline Whitetail

Cheyenne man receives first royalty check for new book

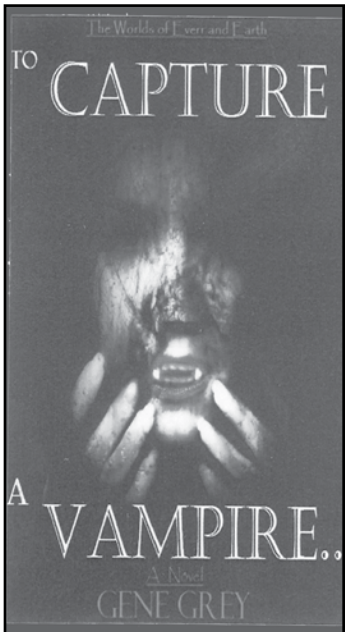
Submitted article

Long, late night hours of burning the midnight oil finally paid off for budding Indian author, Gene Rouse.

Rouse has recently received his first royalty check on his new book. This is Rouse’s second book entitled *To Capture a Vampire* under his pen name Gene Grey.



Submitted photo
Gene Rouse



The book has readers in Denmark, the United Kingdom, North America and Spain. It is available through Kindle bookstores for e-readers.

Rouse resides in Salt Lake City, Utah. He is the son of Bronwyn Marie Rouse High Chief, formerly of Watonga, Okla. He is the great-grandson of the late Blanche Roman Nose and grandson of the late Gloria High Chief, both of Watonga, Okla.

Important update from the Clinton Service Unit

The Clinton Service Unit wants to provide you with Advanced Access and a Patient Centered Home (PCH). The top reasons why you should be included in a PCH are:

Your PCH will work to build a trusting relationship with you and your family members.

You will have a team of professional staff assigned to help you and understand your health care needs.

Your PCH understands you are the most important component of your PCH.

You know how you feel, you know how you like to learn and what motivates you to make certain choices.

Your PCH will include: Physician, Mid-Level Provider, Nursing Staff, Pharmacist, Contract Health Support Staff, Contract Health Case Manager

Beginning on Dec. 3, 2012, the Clinton Service Unit will be starting a new way of scheduling all our patient visits. This is called Advanced Access.

With the Advanced Access system, patients will need to

contact us and receive an appointment time for that day. Patients must call as early as possible to arrange their appointment. When you call we will ask you about your healthcare needs. You will be offered a time that day with your preferred provider or another member of your PCH.

Please note that on Nov. 2, 9, and 16, 2012, we have planned a couple of days to test this process before we start full time. This will allow us to work out any issues so that the change to this new system will flow smoothly. All of our facilities at Clinton, El Reno and Watonga will be testing this new schedule system. If you need care on these days, please call the appointment phone line to receive an appointment time.

On behalf of the Clinton Service Unit “Welcome Home”

For more information you may contact one of our three locations Clinton (580) 331-3339, El Reno, (405) 422-8409 or Watonga (580) 623-4991.

NEW CLINIC HOURS
Clinton, El Reno, Watonga
Beginning Dec. 1, 2012
Mon.-Tues.-Thurs.-Fri. 8 a.m. - 5 p.m.
Wednesdays 10 a.m. - 5 p.m.
For more information contact Kala Rodgers at (580) 331-3477.



Voting is critical to the future of Indian country

Submitted by Teresa Dorsett

The general election for the President of the United States is Nov. 6, 2012. The Cheyenne and Arapaho tribes’ Department of Education would like to remind tribal members of the importance of voting and encourage you to cast your vote in the Nov. 6, 2012 election.

According to the National Congress of American Indians, approximately 1 million American Indian and Alaska Native people who were eligible to vote in the 2008 elections were not registered to vote. Unfortunately, the deadline to register to vote for the upcoming election has come and gone. However, we still encourage everyone to complete a voter registration form and become eligible to vote in future elections.

“As Indian people, I don’t believe we realize how important it is for us to become involved in the political process. The senators, congressmen and other elected officials that are representing our communities will not look out for our best interest as long as they know we are not a part of the voting process. They will advocate and represent the people who they know vote,” Education Executive Director, Teresa Dorsett, said.

The state of Oklahoma has a substantial American Indian and Alaska Native population and is home to 38 tribes, which make up 12.9 percent of the state’s overall population and 11.1 percent of people who are 18 and over. Collectively, the Native vote can have a strong impact on the political process, if Native Americans would register to vote, become knowledgeable on key issues and vote accordingly.

The upcoming election for President of the United States is crucial to Indian country. We are providing this voter information so that you can become familiar with what is going on before you go to the polls to vote on Nov. 6, 2012.

A very important piece of information that you must know: The information provided in this layout regarding “Facts about Proof of Identity for Voting in Oklahoma” can be somewhat misleading if you don’t read the entire document. This document initially discusses the “need” or “requirement” for proof of identity to vote and it also states that the proof of identity must contain a photograph of the person. However, in reading a little further into the document it states the following:

“In addition, voters may use the voter identification card they received by mail from the County Election Board when they registered to vote. The law allows use of the voter identification card even though it does not include a photograph or an expiration date.”

If you have your voter identification card issued by your County Election Board, you DO NOT need proof of identity. All you need is your Voter Identification Card.

Facts about Proof of Identity for Voting in Oklahoma
The proof of identity law (sometimes called the “voter ID”

law) was contained in State Question 746 (Legislative Referendum No. 347). The question appeared on the ballot at the Nov. 2, 2010, General Election, and it was approved by 74 percent of the votes cast. The proof of identity law requires every voter who votes in person at the precinct polling place or during early voting at the County Election Board to show proof of identity before receiving a ballot. A document used for proof of identity for voting must have been issued by the United States government, the State of Oklahoma, or a federally recognized tribal government.

The law requires any document used for proof of identity for voting to contain the following information: the name of the person to whom it was issued, a photograph of the person to whom it was issued, an expiration date that is after the date of the election.

The law also requires the voter’s name on the proof of identity document to “substantially conform” to the voter’s name in the Precinct Registry. In other words, your name on your proof of identity must match your name in the Precinct Registry.

The following documents may be used for proof of identity for voting. An Oklahoma driver license, a State Identification Card*, a passport and military identification.

* A State Identification card issued to a person 65 years of age or older does not have an expiration date but is, by law, a valid proof of identity for voting.

In addition, voters may use the voter identification card they received by mail from the County Election Board when they registered to vote. The law allows use of the voter identification card even though it does not include a photograph or an expiration date.

If you do not have or if you refuse to show proof of identity, you may only vote by provisional ballot.

Voters who cast provisional ballots are required to fill out and sign an affidavit that explains why their provisional ballot should be counted. Provisional ballots are sealed inside special envelopes and are not put through the voting device.

After election day, County Election Board officials will investigate the information provided by the voter on the affidavit and either approve the provisional ballot for counting or will reject it based on the outcome of that investigation. In order for a provisional ballot to be approved for counting, the information on the affidavit must match the information in the voter’s registration record.

Polling Times: 7 a.m. to 7 p.m. (CST)
Early Voting: Friday, Nov. 2, 2012 from 8 a.m.-6 p.m.
Saturday, Nov. 3, 2012 from 8 a.m.-1 p.m.
Monday, Nov. 5, 2012 8 a.m.-6 p.m.

Vote early at the County Election Board Office in the County where you are registered to vote.



OKLAHOMA

Candidates for General Election on Nov. 6, 2012. Compiled by Paul Ziriaux, Oklahoma State Election Board, Secretary, Room B-6, State Capitol Building, Oklahoma City, Oklahoma 7310.

Extracted Counties within Cheyenne and Arapaho Tribal communities. By Department of Education, Outreach and Adult Education Program

PRESIDENT AND VICE PRESIDENT OF THE UNITED STATES
Democrat
BARACK OBAMA and JOE BIDEN
Republican
MITT ROMNEY and PAUL RYAN

CONGRESSIONAL DISTRICT 3
Republican
00130 Frank D. Lucas PO Box 1726 Oklahoma City OK 73101-1726
Democrat
00251 Timothy Ray Murray PO Box 1490 Guthrie OK 73044
Independent
00257 William M. Sanders 517 Doty St Stillwater OK 74074

DISTRICT 27 - Beaver, Cimarron, Dewey, Ellis, Harper, Major, Texas, Woods, Woodward
Republican
00192 A. Bryce Marlatt, Woodward, OK 73802
Independent
00232 Tommy W. Nicholson, Mooreland, OK 73852

DISTRICT 41 - *Oklahoma
Republican
00092 Clark Jolley, Edmond, OK 73083
Independent
00259 Richard Prawdzien-ski, Edmond, OK 73034-4305

DISTRICT 47 - *Canadian, *Grady
Republican
00118 Leslie Kathryn Osborn, Mustang, OK 73064
Democrat
00242 Leon A Pivinski, Mustang, OK 73064

DISTRICT 60 - *Caddo, *Canadian
Republican
00180 Dan Fisher, El Reno, OK 73036
Democrat
00239 Kendra Menz-Kimble, Hinton, OK 73047

DISTRICT 83 - *Oklahoma
Republican
00056 Randy McDaniel, Edmond, OK 73013
Democrat
00272 Ed Holzberger, Nichols Hills, OK 73120

DISTRICT 87 - *Oklahoma
Republican
00144 Jason Nelson, Oklahoma City, OK 73112
Democrat
00140 Nick Singer, Oklahoma City, OK 73157

DISTRICT 88 - *Oklahoma
Republican
00230 Aaron Kaspereit, Oklahoma City, OK 73112
Democrat
00069 Kay Floyd, Oklahoma City, OK 73103

DISTRICT 99 - *Oklahoma
Republican
00249 Willard Linzy, Oklahoma City, OK 73136
Democrat
00091 Anastasia A. Pitman, Oklahoma City, OK 73136

DISTRICT 101 - *Oklahoma
Republican
00079 Gary Banz, Midwest City OK 73130
Democrat
00234 Stephen E Covert, Midwest City OK 73140

These are nonpartisan judicial retention races. Voters may vote either to retain or not retain these judicial officers. Voters vote separately on each justice or judge; they are not running against each other.

JUSTICE OF THE OKLAHOMA SUPREME COURT
DISTRICT 3 Noma D. Gurich
DISTRICT 4 Yvonne Kauger
DISTRICT 7 James E. Edmondson
DISTRICT 8 Douglas L. Combs

JUDGE OF THE OKLAHOMA COURT OF CRIMINAL APPEALS
DISTRICT 1 Clancy Smith
DISTRICT 4 Arlene Johnson
DISTRICT 5 David B. Lewis

JUDGE OF THE OKLAHOMA COURT OF CIVIL APPEALS
DISTRICT 3, OFFICE 1 P. Thomas Thornbrugh
DISTRICT 4, OFFICE 1 William C. Hetherington, Jr.
DISTRICT 5, OFFICE 1 Kenneth L. Buettner
DISTRICT 5, OFFICE 2 Robert Bobby Bell
DISTRICT 6, OFFICE 1 E. Bay Mitchell, III

Vote Both Sides		
OFFICIAL BALLOT GENERAL ELECTION November 06, 2012 CUSTER COUNTY, OKLAHOMA		
Page 1 / 2		
TO VOTE: FILL IN THE BOX NEXT TO YOUR CHOICE(S) LIKE THIS: Correct Incorrect	JUDICIAL RETENTION Vote separately on each justice or judge; they are not running against each other. JUSTICES OF THE OKLAHOMA SUPREME COURT SUPREME COURT DISTRICT 3 Shall NOMA D. GURICH of the OKLAHOMA SUPREME COURT be retained in office? ☐ YES ☐ NO COURT OF CIVIL APPEALS DISTRICT 3 - OFFICE 1 Shall P. THOMAS THORNBURGH of the OKLAHOMA COURT OF CIVIL APPEALS be retained in office? ☐ YES ☐ NO COURT OF CIVIL APPEALS DISTRICT 4 - OFFICE 1 Shall WILLIAM C. HETHERINGTON, JR. of the OKLAHOMA COURT OF CIVIL APPEALS be retained in office? ☐ YES ☐ NO COURT OF CIVIL APPEALS DISTRICT 5 - OFFICE 1 Shall KENNETH L. BUETTNER of the OKLAHOMA COURT OF CIVIL APPEALS be retained in office? ☐ YES ☐ NO COURT OF CIVIL APPEALS DISTRICT 5 - OFFICE 2 Shall ROBERT BOBBY BELL of the OKLAHOMA COURT OF CIVIL APPEALS be retained in office? ☐ YES ☐ NO COURT OF CIVIL APPEALS DISTRICT 6 - OFFICE 1 Shall E. BAY MITCHELL, III of the OKLAHOMA COURT OF CIVIL APPEALS be retained in office? ☐ YES ☐ NO	
STRAIGHT PARTY A straight party vote is a vote for all candidates of that party in partisan races. STRAIGHT PARTY VOTING (Vote for One) ☐ DEMOCRATIC ☐ REPUBLICAN	SUPREME COURT DISTRICT 4 Shall YVONNE KAUGER of the OKLAHOMA SUPREME COURT be retained in office? ☐ YES ☐ NO SUPREME COURT DISTRICT 7 Shall JAMES E. EDMONDSON of the OKLAHOMA SUPREME COURT be retained in office? ☐ YES ☐ NO SUPREME COURT DISTRICT 8 Shall DOUGLAS L. COMBS of the OKLAHOMA SUPREME COURT be retained in office? ☐ YES ☐ NO	COURT OF CRIMINAL APPEALS DISTRICT 1 Shall CLANCY SMITH of the OKLAHOMA COURT OF CRIMINAL APPEALS be retained in office? ☐ YES ☐ NO COURT OF CRIMINAL APPEALS DISTRICT 4 Shall ARLENE JOHNSON of the OKLAHOMA COURT OF CRIMINAL APPEALS be retained in office? ☐ YES ☐ NO COURT OF CRIMINAL APPEALS DISTRICT 5 Shall DAVID B. LEWIS of the OKLAHOMA COURT OF CRIMINAL APPEALS be retained in office? ☐ YES ☐ NO
PRESIDENTIAL ELECTORS FOR PRESIDENT AND VICE PRESIDENT (Vote for One) ☐ FOR PRESIDENT AND VICE PRESIDENT BARACK OBAMA JOE BIDEN DEMOCRAT FOR ELECTORS ISABEL BAKER DOUG DODD CARL DOWNING CONNIE JOHNSON JUDY EASON MCINTYRE MACK MILLER MARTHA SKEETERS ☐ FOR PRESIDENT AND VICE PRESIDENT MITT ROMNEY PAUL RYAN REPUBLICAN FOR ELECTORS DAVID HOLT LYNN VINDEL LAWRENCE A. WILLIAMSON JOE PETERS MARK THOMAS JASON COVEN DUANE CRUMBACHER	JUDGES OF THE OKLAHOMA COURT OF CRIMINAL APPEALS COURT OF CRIMINAL APPEALS DISTRICT 1 Shall CLANCY SMITH of the OKLAHOMA COURT OF CRIMINAL APPEALS be retained in office? ☐ YES ☐ NO COURT OF CRIMINAL APPEALS DISTRICT 4 Shall ARLENE JOHNSON of the OKLAHOMA COURT OF CRIMINAL APPEALS be retained in office? ☐ YES ☐ NO COURT OF CRIMINAL APPEALS DISTRICT 5 Shall DAVID B. LEWIS of the OKLAHOMA COURT OF CRIMINAL APPEALS be retained in office? ☐ YES ☐ NO	
CONGRESSIONAL OFFICERS FOR UNITED STATES REPRESENTATIVE DISTRICT 03 (Vote for One) ☐ TIMOTHY RAY MURRAY DEMOCRAT ☐ FRANK D. LUCAS REPUBLICAN ☐ WILLIAM M. SANDERS INDEPENDENT		

SAMPLE

County Election Board Offices in Cheyenne and Arapaho Country

If you are a registered voter and don't know your polling place. Visit the Oklahoma State Website www.ok/elections.gov

If you cannot find your name, voter registration may be incomplete. Please contact your local county election board.

Beckham County
Deidre O'Bryant
306 E. Main St.
Sayre 7366-2923
Phone (580) 928-3314
Fax (580) 928-9266
Hours 8 a.m.-2 p.m.

Blaine County
Brenda Rice
212 N Weigle Ave, Ste 6,
Watonga 73772
Phone: (580) 632-5518
Fax: (580) 623-5519
Hours 8 a.m. - 4 p.m.

Canadian County
Wanda Arnold
P.O. Box 307, El Reno
73036-0307
Phone (405) 422-2422
Fax (405) 4222450
Hours 8 a.m. - 4:30 p.m.

Custer County
Jerri Zitterkob
633 N 6th St / PO Box
1326, Clinton 73601-1326
Phone (580) 323-5124
Fax (580) 323-5130
Hours 8 a.m. - 4 p.m.

Dewey County
Barbara Squires
P.O. Box 115, Taloga
73667-0115
Phone (580) 328-5668
Fax (580) 328-5768
Hours 8 a.m. - 2 p.m.

Garfield County

Roy Schneider
903 Falling Dr. / PO Box
1872, Enid 73702-1872
Phone (580) 237-6016
Fax (580) 249-5959
Hours 9 a.m. - 4 p.m.

Kingfisher County
Sharon O'Hern
101 S Main St, Ste 8,
Kingfisher 73750-3241
Phone (405) 375-3895
Fax (405) 375-5962
Hours 9 a.m. - 3 p.m.

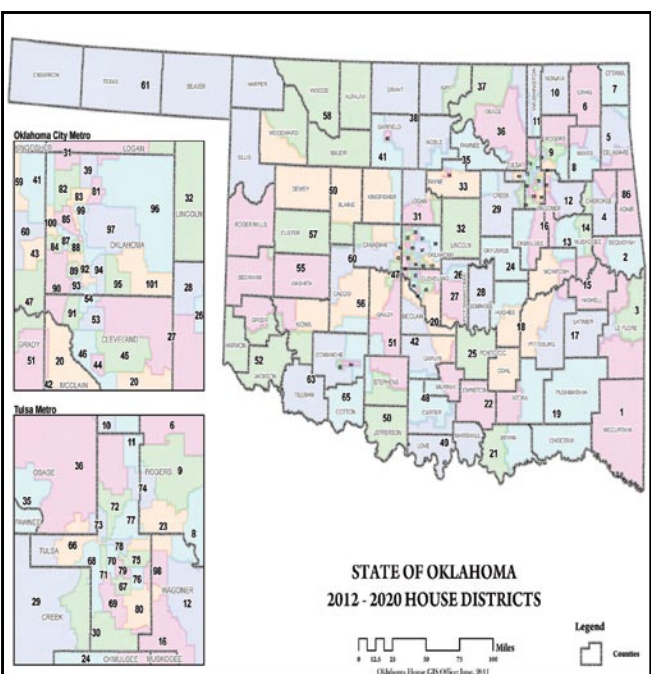
Major County
Mary Ann Lynch
500 E Broadway, Ste 8,
Fairway 73737-2243
Phone (580) 227-4520
Fax (580) 227-1260

Roger Mills County
Jana Maddux
PO Box 147, Cheyenne
73628-0147
Phone (580) 497-3330
Fax (580) 497-3546
Hours 8 a.m. - 2 p.m.

Washita County
Leah Jones
111 E Main St, Ste 2,
Cordell 73632-4831
Phone (580) 832-3658
Fax (580) 832-3658*
Hours 9 a.m. - 3 p.m.

Woodward County
Carol Carrell
P.O. Box 613, Woodward
73802-0613
Phone (580) 256-3609
Fax (580) 254-6877

Oklahoma County
Doug Sanderson
4201 N Lincoln Blvd,
Oklahoma City 73105-5210
Phone (405) 713-1515
Fax (405) 713-7191
Hours 8 a.m. - 5 p.m.





Honoring all who serve

Many Americans mistakenly believe that Veterans Day is the day America sets aside to honor American military personnel who died in battle or as a result of wounds sustained from combat. That’s not quite true. Memorial Day is the day set aside to honor America’s war dead.

Veterans Day, on the other hand, honors all American veterans, both living and dead. In fact, Veterans Day is largely intended to thank living veterans for dedicated and loyal service to their country. November 11 of each year is the day that we ensure veterans know that we deeply appreciate the sacrifices they have made in the lives to keep our country free.

To commemorate the ending of the “Great War” (World War I), an ‘unknown soldier’ was buried in highest place of honor in both England and France (in England, Westminster Abbey; in France, the Arc de Triomphe). These ceremonies took place on November 11, celebrating the ending of World War I hostilities at 11 a.m., Nov. 11, 1918 (the 11th hour of the 11th day of the 11th month). This day became known internationally as “Armistice Day”.

In 1921, the United States of America followed France and England by laying to rest the remains of a World War I American soldier, his name ‘known but to God’, on a Virginia hillside overlooking the city of Washington D.C. and the Potomac River. This site became known as the ‘Tomb of the Unknown Soldier,’ and today is called the ‘Tomb of the Unknowns’, located in Arlington National Cemetery, the tomb symbolizes dignity and reverence for the American veteran.

In America, November 11 officially became known as Armistice Day through an act of Congress in 1926. It wasn’t until 12 years later, through a similar act that Armistice Day became a national holiday.

The entire world thought that World War I was the “War to end all wars.” Had this been true, the holiday might still be called Armistice Day today. That dream was shattered in 1939 when World War II broke out in Europe. More than 400,000 American service members died during that horrific war.

In 1947, Raymond Weeks, of Birmingham Ala., organized a Veterans Day parade on November 11 to honor all of America’s veterans for their loyal and dedicated service. Shortly thereafter, Congressman Edward H. Rees (Kansas) introduced legislation to change the name of Armistice Day to Veterans Day in order to honor all veterans who have served the United States in all wars.

In 1954, President Eisenhower signed a bill proclaiming November 11 as Veterans Day, and called upon Americans everywhere to rededicate themselves to the cause of peace.

He issued a Presidential Order directing the head of the Veterans Administration (now called the Department of Veterans Affairs), to form a Veterans Day National Committee to organize and oversee the national observance of Veterans Day.

Congress passed legislation in 1968 to move Veterans Day to the fourth Monday in October. However as it became apparent that November 11 was historically significant to many Americans, in 1978, Congress reversed itself and returned the holiday to its traditional date.

At exactly 11 a.m., each November 11, a color guard, made up of members from each of the military branches, renders honors to America’s war dead during a heart-moving ceremony at the Tomb of the Unknowns in Arlington National Cemetery.

The President or his representative places a wreath at the Tomb and a bugler sounds Taps. The balance of the ceremony, including a “Parade of Flags” by numerous Veterans service organizations, takes place inside the Memorial Amphitheater, adjacent to the Tomb.

In addition to planning and coordinating the National Veterans Day Ceremony, the Veterans Day National Committee supports a number of Veterans Day Regional Sites. These sites conduct Veterans Day celebrations that provide excellent examples for other communities to follow.

Veterans Day is always observed on November 11, regardless of the day of the week on which it falls. The Veterans Day National Ceremony is always held on Veterans Day itself, even if the holiday falls on a Saturday or Sunday. However, like all other federal holidays, when it falls on a non-workday, Saturday or Sunday, the federal government employees take the day off on Monday (if the holiday falls on Sunday) or Friday (if the holiday falls on Saturday).

Many other countries honor their veterans on November 11 of each year. However, the name of the holiday and the types of ceremonies differ from the Veterans Day activities in the United States.

Canada, Australia, and Great Britain refer to their holidays as “Remembrance Day.” Canada and Australia observe the day on November 11, and Great Britain conducts their ceremonies on the Sunday nearest to November 11.

In Canada, the observance of “Remembrance Day” is actually quite similar to the United States, in that the day is set aside to honor all of Canada’s veterans, both living and dead. One notable difference is that many Canadians wear a red poppy flower on November 11 to honor their war dead, while the “red poppy” tradition is observed in the United States on Memorial Day.

By Rod Powers



VETERANS DAY
HONORING ALL WHO SERVED

Annual REz Restaurant
Veterans Day Breakfast
November 10, 2012
7 a.m.-9 a.m.
Lucky Star Casino-Concho, Okla.
Free For All Veterans
We are asking a donation of \$5 for all non-veterans who would like to share a meal with the Veterans

In Australia, “Remembrance Day” is very much like America’s Memorial Day, in that it’s considered a day to honor Australian veterans who died in war.

In Great Britain, the day is commemorated by church services and parades of ex-service members in Whitehall, a wide ceremonial avenue leading from London’s Parliament Square to Trafalgar Square. Wreaths of poppies are left at the Cenotaph, a war memorial in Whitehall, which was built after the First World War. At the Cenotaph and elsewhere in the country, a two-minute silence is observed at 11 a.m., to honor those who lost their lives in wars.

Have You Hugged Your Veteran Today?

One of the most personal and meaningful Veterans Day activities for people is to send notes or cards to hospitalized veterans or those living in veterans homes. Or, better yet, visit a veteran in a local veterans hospital or veterans home. The best way to have a “happy Veterans Day” is to do something special to make a veteran happy.

Way of the Warrior

Way of the Warrior documentary uses personal stories of heroes and soldiers to examine the warrior ethic in Indian Country and understand why military service is so highly valued in native communities. These gripping stories from WWI, WWII, Korea and Vietnam weave a tapestry of positive and negative themes: the warrior ethic, prejudice and stereotypes, forced assimilation, poverty, cultural pride, redemptive acts and healing. The documentary uses historical footage, period photographs, native music, personal diaries and interviews to reveal what it means to be “ogichidaa,” one who protects and follows the way of the warrior.

During WWI, at least 12,000 Native American men enlisted in the military, even though many of them were not citizens and not required to serve. The most popular recruitment centers were Indian Boarding Schools, often harsh places of forced assimilation where Indian children marched to classes and Native boys drilled in cadet uniforms. This repressive environment, according to historian Thomas Britten, promoted “a seamless transition from boarding schools to training camps to the front lines.”

Pvt. Edward DeNomie (Bad River Ojibwe), who learned to read and write English at the Tomah Indian Boarding School in western Wisconsin, kept a diary of his combat experiences in the 32nd “Red Arrow” Division. His entries describe machine gun fire, poison gas attacks, and the day he lost his friend, Chub, by shrapnel.

What motivated tribal members like DeNomie to volunteer for service? Some Native American soldiers served because of economics. Some wanted adventure. Some belonged to “warrior” clans. Others served out of a sense of patriotism, both to their own Indian nations and to the United States. During World War II, some Indian women joined the war effort, serving in units like the Women Accepted for Volunteer Emergency Service (WAVES).

The Cold War period brought cold comfort to Native Americans. Again, Native soldiers volunteered to serve in the Korean Conflict in percentages that far exceeded their numbers in the general population. Despite their sacrifices, however, at home Indian vets suffered the indignity of job discrimination and vilification in popular Hollywood “Cowboy and Indian” movies.

Throughout the 20th century, Native soldiers disproportionately performed the most dangerous assignments in the U.S. military, perhaps because of a mistaken belief that somehow Indians were innately better at war. Stereotypes, imposed by white commanders but sometimes willingly assumed by Indian soldiers themselves, had deadly consequences.

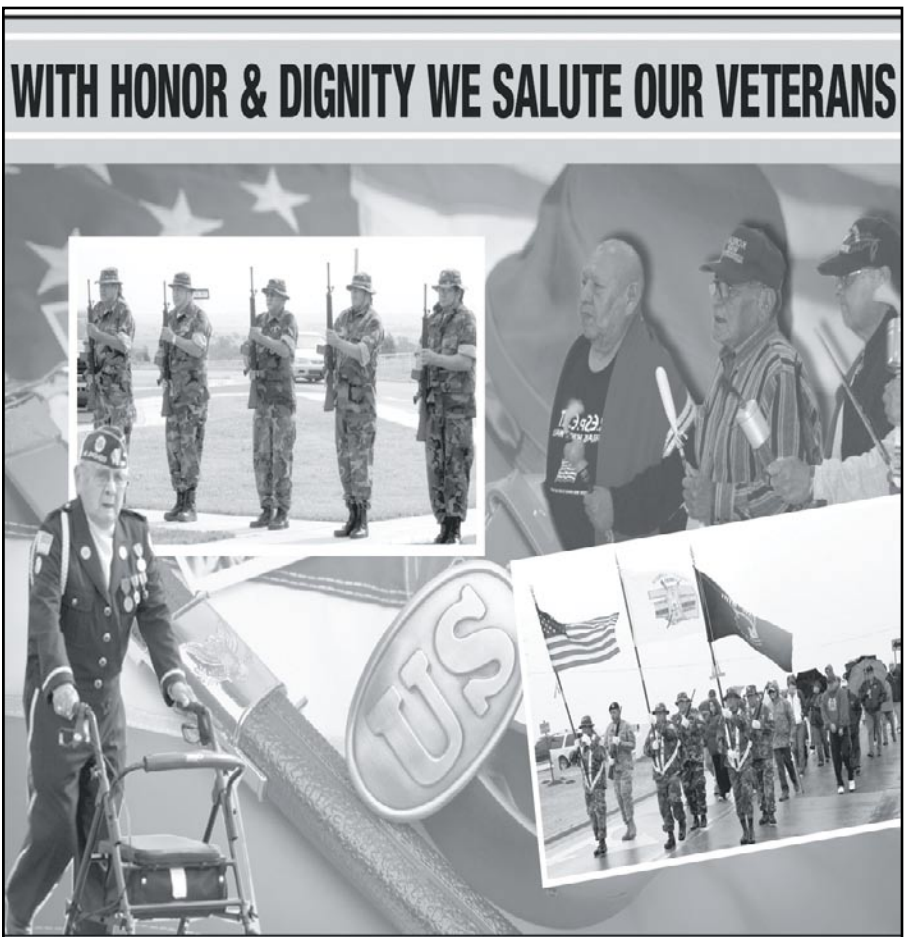
In World War I, the casualty rate of Native soldiers was five times that of the American Expeditionary Forces (AEF) as a whole. In Vietnam, Native soldiers were far more likely to see moderate-to-heavy combat than non-Natives.

Because they were more likely to see the horror of war up close, Native soldiers, including Vietnam War combat marine Jim Northrup (Fond du Lac Anishinaabe), also were more likely to experience Post Traumatic Stress Disorder (PTSD). Northrup found that writing about his combat experiences helped him keep his PTSD under control. In this excerpt from his poem, entitled *Walking Point*, reference to the soldier who walks in front of the patrol “scouting” for danger.

“The old story about bullets... ha. Don't sweat the one that's got your name on it, worry about the one addressed: To Whom It May Concern. On another level his mind churned with Rifle, M-14, Caliber 7.62 mm, a gas operated, Magazine fed, air cooled, semi-automatic Shoulder weapon. Weight-12 pounds with 20 rounds Sustained Rate of Fire-30 rounds per minute Effective range-460 meters or, Hand Grenade, M-26, and so on and on and on.

Movement! Something is moving up there! Drop to the mud, rifle pointing at the unknown, looks like two of them, hunting him. They have rifles but he saw them first. The Marine Corps takes over, breathe, relax, aim, slack, squeeze.

WITH HONOR & DIGNITY WE SALUTE OUR VETERANS



THANK A VETERAN AND THOSE CURRENTLY SERVING

The shooting is over in five seconds. The shakes are over in a half hour. The memories are over ... never.”

Many of the veterans interviewed described their tribes’ purification rituals for returning soldiers, including sweat lodge ceremonies, talking circles, and the Hopi practice of giving their returning soldiers new names. Those who had undergone the rituals said these ceremonies helped minimize the effects of PTSD. Many expressed concern about the re-adjustment of the thousands of Native and non-Native soldiers returning from Iraq and Afghanistan.

Native American fashion magazine launches online

By Kristi Eaton

(AP) SIOUX FALLS, S.D. — Growing up on the Cheyenne River Indian Reservation, Kelly Holmes spent hours thumbing through the latest issues of *Seventeen* or *Vogue*. She noticed the models didn’t look anything like her and the stories had little to do with her experiences in the vast, sparsely populated area hundreds of miles from any high-end retailer.

So Holmes, a member of the Cheyenne River Sioux Tribe, set out to create her own fashion magazine geared toward Native American men and women and non-Native Americans who want to learn about the culture.

Native Max focuses on indigenous people, places and cultures with the same sleek photography found in fashion magazines but without the stereotypical headdresses and tomahawks sometimes seen in the mainstream media. The premiere issue, which is online only, features interviews with Native American artists, musicians, designers and models, as well as sections on health, beauty and sports.

“There’s really no magazine, a Native-owned and operated, Native-designed magazine. There’s nothing like this magazine out there. The ones that do have stuff focused on younger people, they’re really vulgar and very revealing,” said Holmes, 21, who now lives in Denver.

The first issue of the quarterly magazine features Mariah Watchman as the cover model. Watchman, a member of the Confederated Tribes of the Umatilla Indian Reservation out of Oregon, catapulted to fame in Indian Country after becoming the first Native American woman to compete on *America’s Next Top Model*.

While the magazine aims to present positive role models and uplifting messages, it will touch on controversial topics,

Holmes said. In the premiere issue, Holmes interviewed two women who started a campaign called Save Wiyabe Project to highlight violence against Native American women. The U.S. Department of Justice estimates one out of every three Native women will be raped and one out of every four will be physically assaulted.

Rhonda LeValdo, president of the Native American Journalists Association, said *Native Max* and other Native-focused media show American society that Native Americans are regular people, too.

“They want to be models, movie stars, artists. I think that’s showing the regular side as opposed to that stereotype of just showing us in our dance regalia,” she said.

The magazine’s nine staff members come from all over North America, including the Navajo Nation in Arizona and the Otomi and Yaqui nations in Mexico. Ad director and writer Angelica Gallegos, 20, of Denver, said she has enjoyed learning about new and up and coming Native American artists and musicians.

“I like how we want to involve a lot of people in the community and get ideas from them,” said Gallegos, a member of the Santa Ana Pueblo and Jicarilla Apache tribes. “I also like the aspect of getting to know different artists and Native people around the country and how they’re contributing to their people in different ways.”

But LeValdo, also a professor at Haskell Indian Nations University in Lawrence, Kan., said it’s imperative for any new publication to have financial backing to survive. A few years ago, one of her students started a Native American music magazine but was only able to put out two issues before

it folded.

Holmes has been searching for grants and investors but so far has had no luck. She said she invested about \$1,000 of her own money to get the magazine going but hopes that advertising and sales will keep it afloat and maybe even provide a profit by mid-next year.

Beginning in December, the magazine will switch to a print-only format, with issues mailed to subscribers at a cost of \$10 each.

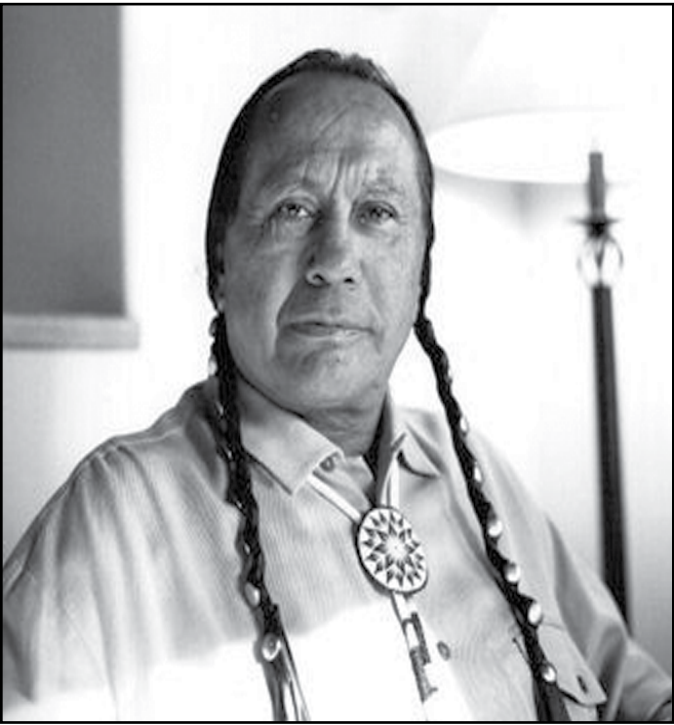
Native Max has fewer than 100 subscribers at the moment, but Holmes said she hopes to boost that with fashion events at various locations across the country. She said the obstacles in getting the magazine launched haven’t tarnished her dream of having her own magazine for Native Americans.

“There are Natives out there who are talented,” she said. “I want it to be inspirational and to show to others, ‘hey, there is someone out there doing the same thing as me’.”



Longtime Indian activist Russell Means dies at 72

By Dirk Lammers and Kristi Eaton



(AP) SIOUX FALLS, S.D. – Russell Means spent a lifetime as a modern American Indian warrior. He railed against broken treaties, fought for the return of stolen land and even took up arms against the federal government.

A onetime leader of the American Indian Movement, he called national attention to the plight of impoverished tribes and often lamented the waning of Indian culture. After leaving the movement in the 1980s, the handsome, braided activist was still a cultural presence, appearing in several movies.

Means, who died Monday of throat cancer at age 72, helped lead the 1973 uprising at Wounded Knee – a bloody confrontation that raised America’s awareness about the struggles of Indians and gave rise to a wider protest movement that lasted for the rest of the decade.

Before AIM, there were few national advocates for American Indians. Means was one of the first to emerge. He sought to restore Indians’ pride in their culture and to challenge a government that had paid little attention to tribes in generations. He was also one of the first to urge sports teams to do away with Indian names and mascots.

“No one except Hollywood stars and very rich Texans wore Indian jewelry,” Means said, recalling the early days of the movement. And there were dozens, if not hundreds, of athletic teams “that in essence were insulting us, from grade schools to college. That’s all changed.”

AIM was founded in the late 1960s to demand that the government honor its treaties with American Indian tribes.

The movement eventually faded away, Means said, as Native Americans became more self-aware and self-determined.

There were plenty of American Indian activists before AIM, but it became the “radical media gorilla,” said Paul DeMain, editor of News from Indian Country, a national newspaper focused on tribal affairs.

“If someone needed help, you called on the American Indian Movement, and they showed up and caused all kind of ruckus and looked beautiful on a 20-second clip on TV that night,” DeMain said.

Means and AIM co-founder Dennis Banks were charged in 1974 for their role in the Wounded Knee uprising in which hundreds of protesters occupied the town on the site of the 1890 Indian massacre. Protesters and federal authorities were locked in a standoff for 71 days and frequently exchanged gunfire. Before it was over, two tribal members were killed and a federal agent seriously wounded.

After a trial that lasted several months, a judge threw out the charges on grounds of government misconduct.

Other protests led by Means included an American Indian

prayer vigil on top of Mount Rushmore and the seizure of a replica of the Mayflower on Thanksgiving Day in Plymouth, Mass.

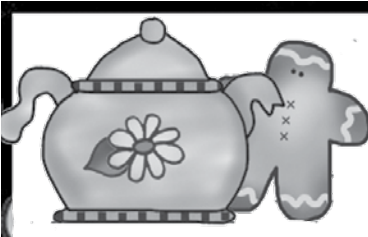
But Means’ constant quest for the spotlight raised doubts about his motives. Critics who included many fellow tribe members said his main interest was building his own notoriety.

Means said his most important accomplishment was the proposal for the Republic of Lakotah, a plan to carve out a sovereign Indian nation inside the United States. He took the idea all the way to the United Nations, even though it was ignored by tribal governments closer to home, including his own Oglala Sioux leaders, with whom he often clashed.

For decades, Means was dogged by questions about whether the group promoted violence, especially the 1975 slaying of a woman in the tribe and the gun battles with federal agents at Wounded Knee.

Authorities believe three AIM members shot and killed Annie Mae Aquash on the Pine Ridge res-

See Russell Means, page 12



Pumpkin Pie Cake

Cooking with USDA Foods

Recipes furnished by the
Cheyenne & Arapaho Food Distribution Program



1 (29 oz) can pumpkin
½ tsp ground ginger
1 (12 fl oz) can evaporated milk
½ tsp ground cloves
3 eggs
1 pkg yellow cake mix
1 cup white sugar
1 cup butter
1 tsp ground cinnamon
1 cup chopped nuts
1 tsp ground nutmeg

DIRECTIONS:
Preheat oven to 350 F. Line a 9x13 baking pan with parchment paper.

In a large bowl, combine pumpkin, evap milk, eggs, sugar, cinnamon, nutmeg, ginger and cloves. Mix until smooth and pour into the baking pan.

Sprinkle dry cake mix over pumpkin mixture, then sprinkle chopped nuts and pat down gently. Melt butter or margarine and drizzle over cake.

Bake at 350 for approximately 45 to 60 minutes (be sure to check cake after 45 minutes because oven temperatures vary).

After cake cools, turn it upside down so the top of the cake will be the crust. Remove parchment paper. Top with dessert topping (optional) before serving.

BRIEFS

The 13th annual Technology Conference for the Native American Industry
Nov. 5-8, 2012 at the Town and Country Hotel in San Diego, Calif. For more information or to register visit www.tribalnetonline.com.

The 21st annual National Native American Emergency Management Services (EMS) Educational Conference
Nov. 5-9, 2012 in Las Vegas, Nev. For more information or to register visit www.nnaemsa.org.

Developing Tribal Travel Policies Using IRS and OMB Guidelines
Nov. 5-6, 2012 at the Embassy Suites in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Federal Grants and Contracts Accounting
Nov. 6-7, 2012 at the Embassy Suites in Las Vegas, Nev. For more information visit www.falmouthinstitute.com.

The second annual Native American 8(A) Conference-Government Contracting and Small Business Development
Nov. 8-9, 2012 at the Moronga Casino Resort and Spa in Cabazon, Calif. For more information visit www.nativenationevents.org.

The New annual Native Leadership Conference
Nov. 12-13, 2012 at the Scottsdale Cottonwood Resort in Scottsdale, Ariz. For more information or to register visit www.dciamerica.com.

Background Investigations and Vendor Licensing for the Tribal Gaming Operation
Nov. 13-14, 2012 at the Embassy Suites in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

The National Center for American Indian Enterprise Development RES 2012
Nov. 14-15, 2012 at the Hard Rock Hotel and Casino

in Tulsa, Okla. For more information or to register visit www.ncaied.org.

Robert Rules of Order for the Recording Secretary
Nov. 28-30, 2012 at the Embassy Suites in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Tribal Wealth Management Symposium
Dec. 3-4, 2012 at the LaCosta Resort and Spa in

Carlsbad, Calif. For more information or to register visit www.nativenationevents.org/conference/tribal-wealth-management-symposium-3.

InterTribal Agriculture Council 2012 Membership Meeting-A Lesson in Sovereignty
Dec. 10-13, 2012 at the Flamino Hotel in Las Vegas, Nev. For more information or to register visit www.indianaglink.com/symposium.html.

Determined woman

continued from page 1

my grandmother, Stella, came to visit us once while we still lived in New Orleans. It was during the Mardi Gras celebration. She became ill, I remember so well ... she had put some type of blanket over her and smoke was coming out from underneath it. I don't know what it was, she was tall and lanky, I thought she was the tallest person I ever knew."

Pricer said moving back to Oklahoma City to live around her mother's family was simple and fun.

"We lived with my mother's family, they were very good to us. I remember helping my mother and grandmother can vegetables. We would sit on the back porch to peel peaches, tomatoes and snap green beans, we would put them into boiling water, it was fun," Pricer laughed. "People don't do it anymore and oh food tasted so much better back then. There were chickens in the back yard even though we lived in the city. One hot summer day my brother Elmer, my friends, Margie and Lois, along with myself was hungry for fried chicken. We stole one of Gum Gum's, chickens, that was what we called my grandmother. We had taken the chicken across the street to a friend's back yard and got a pail of boiling water. Since I was the oldest, being 13, I tried to ring the chicken's neck, I tried three times and each time the chicken would get up and run around the yard ... poor thing. Finally it croaked and we dumped it into the boiling water to take off the feathers. We plucked it, cut it up and fried it, but it was not the same as Gum Gum's. It had coconut like feathers still on it and was raw inside. Unfortunately the neighbor seen the whole action and told on us. Later we found out it was one of Gum Gum's laying hens."

Pricer said growing up her summers were spent at her grandparent's farm.

"My grandparent's farm was out in Tuttle. We did farm chores, looking for Ginny hen eggs, picked blackberries and would go swimming in the creek. Grandpa would take one of us with him to milk the cows. We would have to hold the cows tail out of the way ... I hated doing that. I would not drink milk for a long time. For school we also got a pair of new shoes and two new out-fits and they were to last us the whole school year," Pricer paused for a moment as she embraced her memories. "We went to Willard school in Oklahoma City. Being the youngest girl, I got all the hand me down clothes, I was tiny and their clothes were always too big. In junior high school I played Cello and sang in the choir. I was always on the Honor Society, I was shy, but always enjoyed high school."

After graduating from high school Pricer went to Comptometer school in Oklahoma City.

"I don't remember the name of the school, that was about 70 years ago. Comptometers were like calculators used for bookkeeping back then," Pricer explained. "After a year at school I went to work for Every Insurance Company out at Tinker Airfield base."

She recalled the time when she met her husband Dick Pricer.

"I was about 19 and at a friend's house. It was interesting, they had this platform rocking chair and when I had walked into the house Dick had broken the chair and dumped it over with his feet up in the air. When I seen him I thought to myself, 'oh my God he is for me'," Pricer chuckled. "I was crazy about him. He was so much fun, hand-

some and always smiling."

They dated for a year and half before they were married.

"We were married on March 10, 1951," Pricer pulled out a photo of the day they were married in a large wooden frame. "Look at that my god, we were so young. We married two times; we were living in sin getting married the first time by the justice of the peace. My mother and grandmother reminded us of that. So Dick became Catholic and remarried in the church."

Pricer said her husband is a better Catholic than she is.

"He sings in the choir and is very involved in the church," Pricer said. "He is such a wonderful man. We have three children, Richard, which we call Rick, Ronald and Suzi. After Suzi was born Dick decided he wanted to go to college. He worked 40 hours a week and went to University of Oklahoma full time."

Pricer said times were hard, but humbling.

"He became an electrical engineer. It was a difficult time, we were so poor. The sacrifices we made while he was going to school paid off. He earned a Bachelor's in Science of Engineering," Pricer smiled. "After graduation he got his first engineering job in Salt Lake, Utah with the Sperry Utah Company so we moved out to Salt Lake City. I missed my family so much, we lived four years in Salt Lake City."

Pricer paused for a moment as she remembered moving from Utah to Louisiana.

"It was totally different in Salt Lake, there were more Mormons living out there and we were Catholic. There was a big difference in cultures," Pricer said. "Our next move was to New Orleans where Dick got a job in the Aero Space business. I was lucky enough to be a member of the Krew of Isis. It is a prestigious crew of women who put together an assortment of floats and we would dress up and ride the floats in Mardi Gras."

A large smiled flashed across her face.

"If a person ever wants to really have fun go to Mardi Gras," Pricer laughed. "Okay let's get back to sharing my life. Where was I? Okay so we came back home to Oklahoma in 1965, we did not live in New Orleans very long. I had many friends and I cried when we left there. It teaches you a whole lot when you move around. It makes you grow up."

Back in Oklahoma City, Pricer began college.

"Between raising children, I wanted to go to college. So I went to Central State. Now it is called UCO. I earned a Bachelors of Science in Education and I also graduated in the top 10 percent of the class," Pricer proudly said.

Pricer sat silently for a moment as sadness filled her eyes.



Photo by Rebecka Lyman
Flo Pricer, now 82 years old.

"Tragedy struck my family. My son was killed in a car accident," Pricer tearfully said. "He was ... excuse me, I am sorry, he is still with me in spirit ... it has been 40 years. He was barely nineteen. He also had a son that was two months old at the time of his death."

Pricer wiped the tears from her face and silently looked away through the french doors.

"I went back to school and earned a Master's degree in Education of Library Science. I could not handle all that grief so I had to do something with myself," Pricer quietly said. "I went full time to school. My kids were still in high school, my oldest son graduated from Rose State and Suzi had graduated high school that year and she was also in a car accident. It was like our family had gone down to the bottom of a vortex or something, but you know it is part of life."

Pricer sat silently on her sofa.

"I have always been appreciative of the tribes, paying for my tuition and books. I am also appreciative to my husband for his tremendous support and making it possible for me to go to school," Pricer humbly said. "I remember, to my surprise, I was accepted into the Doctoral program in the Education department at the University of Oklahoma. I was so excited. Sometimes when life seems like it is going so wrong, sometimes something so right happens for you."

Today Flo and her husband Dick enjoy life with their friends, children, grandchildren and each other.

"We are just down to earth people who have grown together with the Lord's strength raising our children and their children. Today Dick does wood carving that he took up after he retired. He is the director for the senior golfers in Oklahoma. He helps plan the tournaments," Pricer smiled. "I am so happy he does, it is just wonderful. You see we both have leadership personalities. We love being around each other, but we give each other space. Right now I am helping with my granddaughter Trinity's modeling profile. So what ever project I can help with for my grandchildren I will."

Pricer and her husband count each day as a gift, never taking anything for granted.

Powwows & Events CALENDAR

Cheyenne and Arapaho tribes' Indian Alcohol Substance Abuse Project's Small Town Meeting

12:30 p.m. - 2:30 p.m., Nov. 2, 2012 at the Calumet Public School for grades 7th through 12th. The purpose of the meeting is to decrease the incidence of substance abuse crimes committed within tribal jurisdictions. For more information contact Coordinator, John Blackowl at (405) 422-7569.

Talking Leaves Job Corps annual powwow

Nov. 3, 2012, at the Talking Leaves campus, 5700 Bald Hill Road in Tahlequah, Okla. Gourd dancing from 2 p.m. - 5 p.m. Grand Entry at 7 p.m. Free admission. For more information contact David Gourd (918) 207-3340 or (918) 207-3425 or gourd.david@jobcorps.org.

Honoring the Beat of Life powwow

Nov. 3, 2012 at the Concho Community Center in Concho, Okla. Honoring all heart attack and stroke survivors and their families. Gourd dancing at 3 p.m. Supper at 5:30 p.m. Grand Entry at 7 p.m. Free activities from 3 p.m.-5 p.m., free health screenings, adult flu shots, healthy cooking demonstrations, zumba and much more. For more information contact Rachel Crawford at (405) 948-2134.

Oklahoma City Indian Clinic's Red Feather Gala

7 p.m., Nov. 3, 2012 in the grand ballroom at the Cox Convention Center in Oklahoma City. Fore more information contact Daid Toahy at (405) 948-4900 ext. 483 or by email at david.t.@okcic.com.

The fourth annual Southern Plains Region American Indian Elders/Vulnerable Adults Conference

Nov. 7-8, 2012 at the Embassy Suites in Norman, Okla. 8 a.m., Wednesday Nov. 7 registration. For more information contact Susan Geary at (405) 422-7474.

Lucky Star Casino presents George Lopez

Nov. 10, 2012 at the Lucky Star Event Center in Concho, Okla. Doors open at 7 p.m. Two shows, 7:30 p.m. and 10:30 p.m. For more information or tickets visit www.luckystarcasino.org.

Seminole Nation/City of Wewoka Veterans Day Parade and Celebration

9 a.m.-4 p.m., Nov. 10, 2012 in downtown Wewoka, Okla. Parade begins at 10 a.m. For more information call Jodie at (405) 257-2413 or Judy at (405) 257-7207.

Pawnee Indian Veterans Day Dance

Nov. 11, 2012 at the Round House on the Pawnee Tribal Reserve in Pawnee, Okla. Noon meal with War Dance to follow. Free Admission BYOC/D. For more information contact David D. Echo Hawk Pawnee Indian Veterans President at (918) 873-0499 or email ddeh82@hotmail.com.

Cheyenne and Arapaho tribes' Indian Alcohol Substance Abuse Project-Substance Abuse Education Meeting

12:30 p.m -2:30 p.m., Nov. 15, 2012 at the Thomas Public School in Thomas, Okla. For more information contact John Blackowl at (405) 422-7659.

The 10th annual Cheyenne and Arapaho Diabetes Wellness Elder's Conference

9 a.m.-3 p.m., Nov. 16, 2012 at the Concho Community Center in Concho, Okla. Health screenings, cooking demonstrations, chair excercises and more. For more information call (405) 422-7723.

Winter Count at Roman Nose State Park

Beginning at 10 a.m. at Roman Nose State Park in Hinton, Okla. Experience life with the Cheyenne and Arapaho tribes in a winter setting. For more information call (580) 623-7281.

Oklahoma City Public Schools Native American Student Services powwow

Nov. 17, 2012 at Douglas High School, 988 Martin Luther King Blvd., in Oklahoma City. For more information call (405) 587-0359.

Lucky Star Casino presents Lynyrd Skynyrd

Nov. 17, 2012 at the Lucky Star Casino Event Center in Concho, Okla. Doors open at 7 p.m., show at 8 p.m. For more information or tickets visit www.luckystarcasino.org.

Chesapeake

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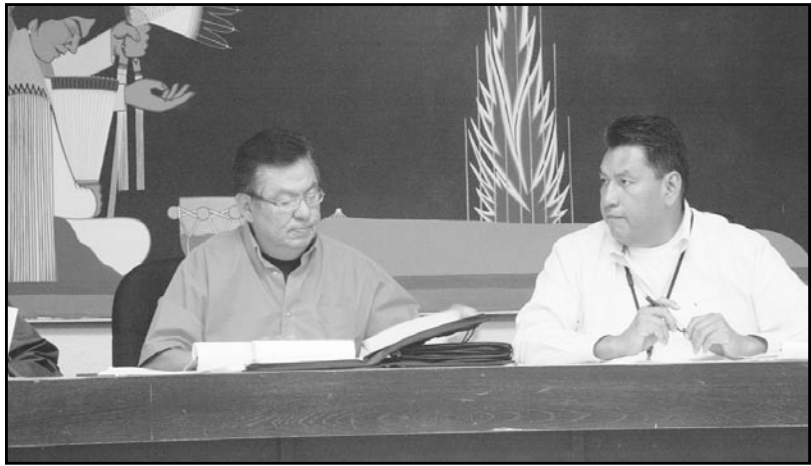


Photo by Rebecka Lyman

Cheyenne and Arapho tribes' Tax Commissioner, Virgil Franklin, and Cornell Sankey, treasurer, discuss the \$15 million severance tax recovered from Chesapeake Oil and Gas Company with tribal members, legislators and administrative staff on Oct. 19, 2012.

funds couldn't have come at a better time for our people," Janice Prairie Chief-Boswell, Cheyenne and Arapaho tribes, Governor, said. "A portion of the monies will be used to restore funding for our programs which have suffered over the last several months."

The tax commission chairmen, Virgil Franklin, Cornell Sankey, Larry Roman Nose, Willard Kirk and Parry Ro-

man Nose voted unanimously for a portion of the funds to be used towards the tribes' employees to be released from furlough and for the employees who have been working 32 hours to return back to a full 40 hour work week.

"We appreciate Chesapeake expediting the matter," Boswell said. "We are grateful to be back to full operational status and remove furlough status of our employees effective immediately." In accordance with the Cheyenne and Arapaho General Revenue and Taxation Act of 1988, use of Tax Revenue will be appropriated, but not limited to, the following services. Police and fire protection, establishment of tribal courts, road construction, repair and maintenance, water, sewage and garbage disposal, education of children, public health, industrial assistance and advancement and development of tribal enterprises to address

chronic unemployment and chronic poverty among tribal members, public recreation, acquisition of land and general administration of Indian property and other essential tribal services. The severance tax monies are not eligible for per cap payments.

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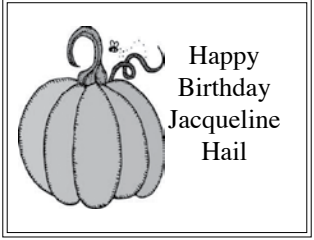
HAPPY BIRTHDAY



Angeline Mariah Racelis
How could it be so long ago you were just a babe in my arms. Melting everybody's heart with all those baby charms. It seems like yesterday when you were just a little girl. For here you are today all grown up and lovely too, a warm gentle and beautiful person. All those childhood charms have grown with you each day and made you much more special than words could ever say. Without you my daughter I would be lost. I wouldn't be without you not at any cost. So may the Lord continue to bless you for many years to come and remember to thank the Lord everyday. **Happy 22nd Birthday** Love you with all my heart! Mom and dad



Happy 4th Birthday to our Princess Marley Jade Gamboa!
You make us all very proud Marley! Have a wonderful birthday Princess! Love mommy, daddy, Cruz, grandma and Tana



Seeking Family
Working on geneology. Please contact aydelottelm@gmail.com if you have information on Boyntons; Paul, Medicine Sack, Richard Sr. Josephine Blackman, 1890s; R. Compton or his wife Bobbi Simpson or children of same.



Sgt. Allen A. Roman Nose, who served 5 years, active duty in the United States Marine Corps. was deployed with the 22nd Marine Expeditionary Unit, aboard aircraft carrier U.S.S. Bataan, during Operation Enduring Freedom. His squadron specialized in the high-tech Osprey helicopter gun-ship, which they mobilized to



Happy Halloween to our sweet Brynn Elizabeth Korte
Brynn is the daughter of Jaclyn Riggs Korte and Nathan Korte. She is the grand-daughter of Becky and Jack Riggs Jr. Brynn turned 3 years old on July 30, 2012.



Happy Belated Birthday grandma Pam!
We love with all our hearts! Love, Marley and Cruz

Happy Birthday Sisters! Johanna Orange, Jolene Orange, Carmen Orange and Frances Bearbow
My sisters are a blessing, who fills the heart with love, she flies with you in life with the beauty of a dove, through the years we have experienced deepest sorrow and pain, the tears and the joy. We have always been there for each other, we've shared so much, we often cried till we laughed and laughed till we cried. I will always have a big sister and I will always have a little sister. I don't know what I'd do without my sisters. All I know is I will always have a friend to spend a lifetime together. May God bless you on your Birthdays and for many years to come. Love you, forever your sister Sandra R.

the Mid-east using the new high- tech gun-ships and the hi-tech advanced Cobra gun ships into Iraq and Afghanistan. Allen's MOS was avionics in his unit, during his enlistment he had earned many awards, ribbons and military badges for his service to our country. During the combat operation deployment his unit landed in 5 other Mid-east countries and Allen had received an honorable discharge. Good job Allen, your family is very proud of you. Allen is the son of Pauline and Larry Roman Nose, grandson Stella Bessie Blackbear and the great, great grandson of Chief Henry Roman Nose.



Happy 9th Birthday Emma Howlingwater!
Nov. 13



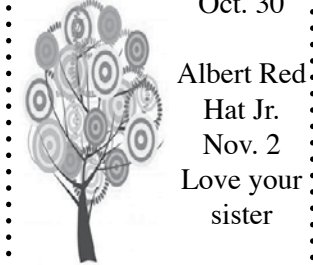
A special Birthday wish for our son Patrick Emhoolah, II
Best wishes, Dad and mom, (Mike and Georgia)



Happy 22nd Birthday To my brothers and sister

JoJo Bigmedicine Oct. 27

Sarah Oldbear Oct. 30



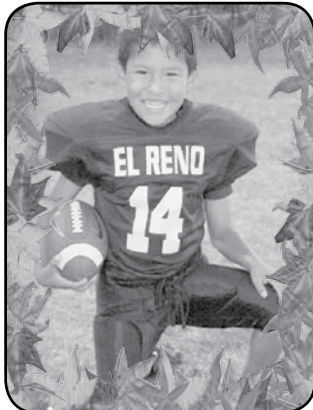
Albert Red Hat Jr. Nov. 2
Love your sister



Happy Belated 23rd Birthday Shannon Nicole Starr "Brat baby"
Love your sisters, Stephanie and Vanessa



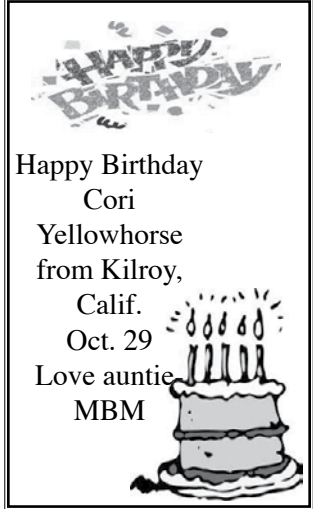
Our anniversary means a lot, much more than any other day. I celebrate my love for you and cherish you in every way. Through passing time our love still grows. A caring relationship to explore; our life together gets better and better and I keep on lov-



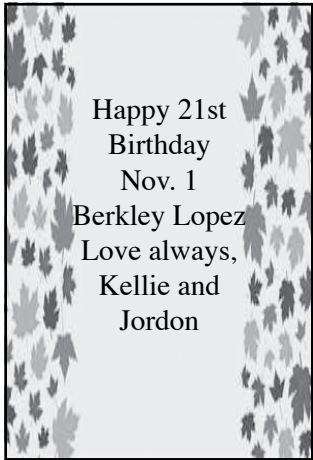
Happy 8th Birthday to our future NFL football player, Evan Patrick Roman Nose
Nov. 11 We love you so much and are thankful that God blessed us with you. We are so proud of you and we will always be your #1 fans!! Love, mom, dad, Chelle, Carter and Eryn



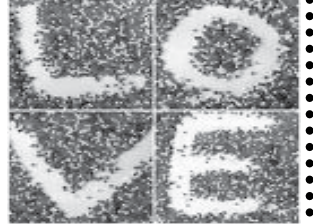
We want to wish our Ah Day Mahtaun, Rachele Lynn Roman Nose, a **Happy 14th Birthday.** We have enjoyed watching you grow in to such a beautiful young lady, we are so proud of you and all of your accomplishments. You have been such a blessing to us, you have brought so much joy to our lives. We love you so much, mom, dad, Evan, Carter and Eryn.



Happy 21st Birthday Nov. 1 Berkley Lopez
Love always, Kellie and Jordon



ing you more and more. I love you and I'm so thankful for all the things you do for all of us. Even though at times we may struggle, we will always make it. We've made it through ONE whole year of marriage! Even though we've been together for ages. My love for you NEVER changes. Your wife, Jennie Yvonne



Happy 18th Birthday Gordon Jaymz (Akins) Hamilton
We all miss and love you very much. Love Dad, Brittany, Tyler, Lisa, Zach and little bubba Braxton.



Happy 16th Birthday Raini Howlingwater Nov. 25
Can't believe where the time has gone!



Happy Belated Birthday

Virgil Whiteshirt

Letitia Whiteshirt

Edwin Whiteshirt

Love you October Birthday babies



Happy Sweet 16 to our beautiful angel baby Lexus Marie Halfred
We love you so much!! Momma, Morgan, Michael, Bobby, Charlee and most of all your sweet nephew Riley.



Akan Allen Sutton, Jr.
Served from 1996-2000 and went to Aviation Store Keeper "A" School in Meridian, Miss. He was stationed in Bremerton, Wash. And went on to West Pac from 1998-1999 aboard the U.S.S. Carl Vinson CVN-70 Aircraft Carrier, six plus months in the Persian Gulf, Operation Desert Fox.



Happy Birthday Jack Hail
Nov. 25



Happy 1st Birthday to my baby boy Ricky Vaughn Warden! Momma loves you so much! Love always your mom Nova Washa!



Happy Birthday Mitchell Tallbear Nov. 10
There's nothing in this world that can compare to the love of my dearest brother. Have a happy and fun-filled birthday! Love you so much Mitchell, I haven't forgot about you. I miss you. Love , Margaret, TM, Blaine, Brandy, Baylee "BEAST", Torence, De, Jeannie, Andie, Macey, Little Mayella, Malaina, Cody, Eli and Lylah



Happy Belated 26th Birthday Jordon Blackwolf
Love mom, Kellie. Natasha, Joshua, Berkley, Jonathan and William

The U.S.S. Car Vincon won the (Battle E) Battle effectiveness award. To win the award, a ship must demonstrate the highest battle readiness. Allen is the son of Cheryl Russell, grandson of the late Cheyenne Chief Harvey C. Russell and Frances Nibbs Russell also the late Arapaho Chief Arthur Sutton and Sallie Sutton. He currently resides in Deming, Wash., there will be a N.A.C. meeting on Nov. 10, 2012 at his home and a wedding will take place on Nov. 11, 2012. Congratulations to Allen Sutton, Jr. and Mimi Jimmy. Invitations to all family and friends for this joyous union.

JOB find your Career

Submit tribal application, resume, diploma, transcripts, valid Oklahoma state driver's license and CDIB to:

Personnel Department P.O. Box 38 Concho, OK 73022 or e-mail: whaag@c-a-tribes.org.

**Teacher Aides-Head Start
Concho, Clinton, Canton
Closing Date:Continuous**

Qualifications:

High school diploma or G.E.D. certification and minimum of one year experience working in an early childhood education classroom; or an equivalent combination of training and experience with willingness to obtain additional training and/or obtain additional training/or CDA or state certificate as requested. Ability to work effectively with low-income and special needs children. Ability to function effectively in cross-cultural situations. Ability to use positive approach in directing and redirecting child behavior, and work cooperatively as a member of a team. Current Childhood Emergency/CPA or First Aide/CPR certification or the ability to obtain one and CDL.Obtain and hold current food handler's card or the ability to obtain one. Maintain compliance with Criminal History Registry and agrees to random drug testing. Must complete supplemental application. Must complete OKDHS Criminal Review Application. Must pass background Investigation.

SALARY: Negotiable

**Caseworker
Indian Child Welfare
Closing Date:Until filled**

Qualifications:

Prefer bachelor's degree in social work or related field or an equivalent combination of education and experience. Requires one year of experience in professional related experience. Ability to work flexible hours and willing to work other hours including after 5 p.m. Must have knowledge of crisis theory and interventions. Possess communication skills, written or oral, to relate to Indian and non-Indian communities, other agencies and the general public. Must have basic knowledge of early childhood education and child welfare casework and child abuse and neglect indicators. Ability to maintain a high level of confidentiality on all client matters and other matters protected by the Privacy Act as well as to the confidentiality regulations. OSBI and criminal background check required and be adjudicated appropriately. Must possess a current Oklahoma driver's license to operate a government owned vehicle. Prefer knowledge of Cheyenne and Arapaho/American Indian cultures and values. Cheyenne and Arapaho preference.

SALARY: Negotiable

**Teachers-Head Start
Canton, Concho, Clinton
Closing Date:Continuous**

Qualifications:

CDA, AA, BA Degree in Early Childhood education and a minimum of two years experience working in an early childhood education classroom or an equivalent combination of training and experience. Early childhood education formal training and able to receive a CDA or an AA degree within 180 days of employment. Must pass drug and alcohol test. Must complete supplemental application. Must complete OKDHS Criminal Review Application. Must pass background investigation.

SALARY: Negotiable

**Systems Support
Technician, (2 Full-time
positions)
Communications/IT
Closing Date:
Nov. 9, 2012**

Qualifications:

Associate's degree in IT, or a related field, or any equivalent combination of experience, education and training which provides the desired knowledge, skills and abilities. Two years experience as an IT Technician or related field preferred. A+ or MCP desired. Currently 32 hour work week with potential of 40 hours in the future. Cheyenne and Arapaho preference.

SALARY: Negotiable

**Dietitian - RD/LD
Wellness Center, Concho
Closing Date: Until Filled**

Qualifications:

Bachelor's degree in nutrition from an accredited institution preferred. One to two years experience in diabetes education preferred. Must possess current registration through the Commission of Dietetic Registration and current licensure through the Oklahoma State Board of Medical Licensure and Supervision. Ability to work independently and ability to be reliable. Must possess a valid Oklahoma driver's license and meet requirements for the use of a GSA vehicle. Familiar with Cheyenne and Arapaho tribal culture. Must submit writing sample if successfully selected for an interview. Cheyenne and Arapaho tribal preference. Must be able to work flexible hours including but not limited to evenings and weekends. Must pass OSBI background check.

SALARY: Negotiable

**Site Manager
R.E.Sp.E.C.T.-Clinton
Closing Date:Until filled**

Qualifications:

Must possess a high school diploma or G.E.D. certification. Associate's degree preferred or two years of work experience in related field or its equivalent. Must be willing to further education and must receive and maintain CPR/First Aid Certifications. Knowledgeable about the Cheyenne and Arapaho people, communities, traditions, culture and customs. Possess a valid Oklahoma driver's license. Cheyenne and Arapaho tribal preference and must pass a background check.

SALARY: Negotiable

**Child Development
Teacher
Clinton Center
Closing Date:Until Filled**

Qualifications:

Teachers hired after July 1, 1995 are required to be at least 18 years of age, have a high school diploma or G.E.D. certification or have completed the 10th grade and be in the process of obtaining a G.E.D. for a period not to exceed 12 months. Must sign employee contract stating employee will attain CDA or mastery certification to maintain employment. Must have a valid Oklahoma driver's license. Must pass a physical exam. Must be able to lift 50lbs. Must be physically fit to work daily with children. Must demonstrate basic knowledge of early childhood development. Must attend staff meetings as well as parent meetings when required. Must submit monthly reports. Must attend workshops. Must have adequate transportation and have skills to relate to the community in general. Must pass a criminal background check, mandatory drug and alcohol tests and be willing to work flexible hours. Cheyenne and Arapaho preference.

SALARY: Negotiable

**OFFICE CLOSING
NOTICE**

Cheyenne and Arapaho Tribal offices will be closed Monday, Nov. 12, 2012 in observance of Veteran's Day and Wednesday, Nov. 14, 2012 in observance of Oklahoma Native American Day.

Offices will be open Tuesday, Nov. 13, 2012 and reopen again on Thursday, Nov. 15, 2012.



Cheyenne and Arapaho Tribes Governor Janice Prairie-Chief Boswell would like to Invite you to a Thanksgiving Meal.

All Meals will begin at 6pm

Location	Date
Hammon Hammon Community Center, Hammon, Okla.	Nov. 1
Elk City Hammon Community Center, Hammon, Okla.	Nov. 1
Canton Native American Community Ctr. Canton, Okla.	Nov. 5
Seiling Seiling Community Center, Seiling, Okla.	Nov. 5
Clinton Clinton Community Center, Clinton, Okla.	Nov. 6
Weatherford Pioneer Center, Weatherford, Okla.	Nov. 6
Watonga Multi-Purpose Center, Watonga, Okla.	Nov. 7
Thomas Thomas School Cafeteria, Thomas, Okla.	Nov. 7
Geary Geary Community Center, Geary, Okla.	Nov. 8
Kingfisher, Snider's Catering, Kingfisher, Okla.	Nov. 8
Concho/El Reno Concho Comm. Ctr, Concho, Okla.	Nov.12
Oklahoma City Church of the Nazarene, NW 10 th and Penn	Nov. 13

**Watonga Indian Health Center Dental
Schedule for November**

The Watonga Indian Health Center would like to notify patients of the following closures during the month of November. During the closures that are not due to a holiday, patients may seek dental services at the Clinton and El Reno facilities. If you regularly use the Watonga IHS Dental services we recommend that you clip this calendar and save it. Thank you for your understanding.

Watonga IHS Dental Schedule November 2012				
Mon	Tues	Wed	Thurs	Fri
			11-1 No Dentist	11-2 No Dentist
11-5	11-6 No Dentist	11-7	11-8 No Dentist	11-9 No Dentist
11-12 Holiday Closed	11-13	11-14 No Dentist	11-15 No Dentist	11-16 No Dentist
11-19	11-20 No Dentist	11-21	11-22 Holiday Closed	11-23 No Dentist
11-26	11-27 No Dentist	11-28	11-29	11-30 No Dentist





Laura Ann Curtis Smith
July 18, 1950
Oct. 20, 2012



Chazarae Pete Bearshield
Oct. 18, 1988
Oct. 23, 2012

A Wake service was held on Oct. 29, 2012 at the Clinton Community Building in Clinton, Okla.

The funeral service was held on Oct. 30, 2012 at the First Christian Church in Clinton, Okla.



Wilma Marie Meeks
March 15, 1950
Oct. 21, 2012



Charles Benjamin Woolworth
Dec. 28, 1980
Oct. 12, 2012

The wake service was held on Oct. 25, 2012 at the El Reno Indian Baptist Church in El Reno, Okla.

The funeral service was held on Oct. 26, 2012 at the Concho Community Center in Concho, Okla.

The wake service was held on Oct. 15, 2012 at the Geary Community Building in Geary, Okla.

The funeral service was provide by the family on Oct. 16, 2012 at the Rock of Restoration Church in Calumet, Okla.

CHEYENNE & ARAPAHO TRIBES
OF OKLAHOMA
IN THE TRIAL COURT
CHEYENNE-ARAPAHO TRIBES OF OKLAHOMA
P.O. BOX 102
CONCHO, OKLAHOMA 73022
DOCKET PAGE
FILM IMAGE
COURT CLERK DEPUTY

VALERIE SMITH
vs.
ROGER SMITH, JR.

Plaintiff
Defendant

Case No: JFD-2012-0028

NOTICE BY PUBLICATION

The Cheyenne and Arapaho Tribes to: ROGER SMITH, JR.

You are hereby notified that Valeria Smith has filed in this Court a Petition For Dissolution of Marriage and that said Petition is hereby set for a Hearing to be heard in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 28th day of **NOVEMBER, 2012** at **10:00 A.M.**, at which time you may appear and show cause, if any you have, why said Divorce should not be granted.

Dated this 15th day of October, 2012.

Plaintiff:
Valerie Smith
P.O. Box 661
Clinton, OK 73601

Fran Wilson
Fran Wilson, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

CHEYENNE & ARAPAHO TRIBES
OF OKLAHOMA
IN THE TRIAL COURT
CHEYENNE-ARAPAHO TRIBES OF OKLAHOMA
P.O. BOX 102
CONCHO, OKLAHOMA 73022
DOCKET PAGE
FILM IMAGE
COURT CLERK DEPUTY

CHARLES LAFOY WOOD
vs.
GEORGIA CALLSHIM WOOD

Plaintiff
Defendant

Case No: JFD-2012-35

AMENDED NOTICE BY PUBLICATION

The Cheyenne-Arapaho Tribes to: GEORGIA CALLSHIM WOOD

You are hereby notified that Charles Lafoy Wood has filed in this Court a Petition For Dissolution of Marriage and that said Petition is set for a Hearing to be heard in the Courtroom of said Trial Court of the Cheyenne Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 28TH day of **NOVEMBER, 2012** at **10:00 A.M.**, at which time you may appear and show cause, if any you have, why said relief should not be granted.

Dated this 22nd day of October, 2012.

Rebekah Martin
Rebekah Martin, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

CHEYENNE & ARAPAHO TRIBES
OF OKLAHOMA
IN THE TRIAL COURT
CHEYENNE-ARAPAHO TRIBES OF OKLAHOMA
P.O. BOX 102
CONCHO, OKLAHOMA 73022
DOCKET PAGE
FILM IMAGE
COURT CLERK DEPUTY

In The Matter Of The Application Of:
R.A.F-H
DOB: 2/12/2007
A Minor Child
By and through his Natural Mother
CASANDRA FAY SHARP
To Change his Name

Case No: CIV-2012-0110

NOTICE BY PUBLICATION

The Cheyenne-Arapaho Tribes to: RICHARD ALLEN HERRERA
WEATHERFORD, OKLAHOMA 73096

TAKE NOTICE, that Casandra Fay Sharp has filed in this Court a Petition For Name Change of minor child, as follows, to wit: from R.A.F-H. to R.A.F-S, and that the same will be heard by the Cheyenne-Arapaho Trial Court of Concho, Oklahoma in the Courthouse located at 700 Black Kettle Boulevard, P.O. Box 102, Concho, Oklahoma, 73022, on the 28th day of **NOVEMBER, 2012** at **10:00 A.M.**, and any written protest may be filed in the case, prior to the date set for the hearing.

Issued this 18th day of OCTOBER, 2012

Fran Wilson
Fran Wilson, Deputy Court Clerk
Cheyenne-Arapaho District Court

Petitioner:
CASANDRA FAY SHARP
2100 LYNN LANE
WEATHERFORD, OK 73096

CHEYENNE & ARAPAHO TRIBES
OF OKLAHOMA
IN THE TRIAL COURT
CHEYENNE-ARAPAHO TRIBES
P.O. BOX 102
CONCHO, OKLAHOMA 73022
DOCKET PAGE
FILM IMAGE
COURT CLERK DEPUTY

In The Matter Of A Paternity Proceeding
PATRICIA ANN STONEROD

Case No. CIV-2012-112

NOTICE BY PUBLICATION

The Cheyenne and Arapaho Tribes to: HEIRS OF SAMUEL THEODORE PRATT

You are hereby notified that Patricia Ann Stonerod has filed in this Court a Petition To Establish Paternity requesting that a court order be issued naming Samuel Theodore Pratt as the birth father, of Patricia Ann Stonerod and you have until November 27, 2012, to answer said Petition; You may appear at the Hearing set on the 28TH day of **NOVEMBER, 2012** at **10:00 A.M.**, in the Courtroom of said Trial Court of the Cheyenne Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, at which time you may appear and show cause, if any you have, why said relief should not be granted.

Dated this 11th day of October, 2012.

Rebekah Martin
Rebekah Martin, Deputy Court Clerk
Cheyenne and Arapaho Trial Court



Photo by Rebecka Lyman

L-R: Mary Wilber, Title VII Coordinator for Washington State’s Lake, Bellevue and North Shore School District and chair for NIEA’s Native American Urban Education Council, Bart Stevens, Acting Director of U.S. Bureau of Indian Education and William Mendoza, Director, White House Initiative on American Indian and Alaska Native Education, focused and discussed the importance of education, economic success and cultural survival of American Indian and Alaska Native communities at the Tribal Leader Summit hosted by the National Indian Education Association NIEA on Oct. 17, 2012.

Tribal leaders talk practical strategies supporting Indian education

By Rebecka Lyman, Reporter

To kick off the four day 43rd annual National Indian Education Association (NIEA) convention and trade show, NIEA held a tribal leader summit on Oct. 17, 2012 at the Cox Convention center in Oklahoma City.

A panel of three Native American leaders, William Mendoza, Director, White House Initiative on American Indian and Alaska Native Education, Bart Stevens, Acting Director of U.S. Bureau of Indian Education and Mary Wilber, Title VII Coordinator for Washington State’s Lake, Bellevue and North Shore School District and chair for NIEA’s Native American Urban Education Council focused and discussed the importance of education, economic success and cultural survival of American Indian and Alaska Native communities.

“I came to the BIE in the public school system in Northeastern, Utah as a teacher, assistant principal, principal and at the district level and peoples service coordinator. I am an educator, I am not a bureaucrat. I make decisions that are best for students in our school and that is what drives the work that I do,” Stevens said. “I like to believe I was called back to Washington D.C. because of my classroom knowledge, the knowledge that I think needs to be better understood at all levels.”

Wilber said she was a part of the panel because her council hopes to partnership and collaborate with tribes in Oklahoma.

“We have a lot of students out there and we represent over 7,000 students in the Washington state and 110 tribes from all over the country. Your students are doing well. We have 69 Title VII programs in Washington state alone. We love our children we work for and thank you for sharing your tribal members with us,” Wil-

ber said. “It is a wonderful opportunity to work with them, it is a hard opportunity, there are challenges. That is why I believe we need to work together. In the eight different districts here in Oklahoma there are over 12,000 students who are a part of the Title VII program. Lets work together, we get power in numbers and when we work together we can accomplish great things. I hope that I can have a chance to work with you the tribal leaders in Oklahoma.”

Mendoza thanked the Oklahoman tribal leaders for having him and allowing him to speak on the importance for a better education for Native students.

“I am here to discuss the Obama administration’s work around supporting educational excellence and reform efforts for American Indian and Alaska native students,” Mendoza said. “ We are working hard to reduce the American Indian and Alaska Native student dropout rate and making sure students who stay in high school are ready to start their career by the time they complete college.”

American Indian and Alaska Native students have a dropout rate twice the national average, highest dropout rate of any United States ethnic or racial group. About three out of every ten Native students drop out of school before graduating from high school both on reservations and in cities.

Mendoza said he is working to identify pathways that enable those who have dropped out to re-enter the education training pipeline, acquire industry-recognized credentials and obtain sustainable jobs.

“The Obama administration is committed to strengthening the capacity of Tribal colleges and universities, which play an important role, often serving as anchors in some of the country’s most remote areas.”

US Education Dept. awards nearly \$2 million to tribal education to improve education for American Indian and Alaska Native students

The U.S. Department of Education today announced the award of four competitive grants totaling nearly \$2 million to tribal education agencies (TEAs), under the State Tribal Education Partnership (STEP) program. These grants will help to increase the role of TEAs in the education of American Indian and Alaska Native students to meet the unique educational and cultural needs of those students and to improve their academic achievement.

“We have a profound obligation to ensure that all children, including American Indian and Alaska Native students, have the opportunity to receive a 21st century education,” U.S. Secretary of Education Arne Duncan said. “Tribal leaders, teachers, and parents are best-suited to identify and address the needs of their children, and tribal communities deserve to play a greater role in providing American Indian and Alaska Native students with the tools and support they need to be successful in school and beyond.”

During regional tribal consultations, tribal officials consistently discussed the lack of opportunities for tribes to meaningfully participate in the education of their own children. Drawing from input received at these consultations, the Obama administration included in its Elementary and Secondary Education Act reauthorization proposal a pilot authority that would elevate the role of TEAs. The Department’s fiscal year 2012 Congressional appropriation provided funding for the Department to create a pilot competition to increase the role of tribal education departments in the education of students attending public schools on the tribe’s reservation.

The STEP program aims to promote collaboration between TEAs and state educational agencies (SEAs) and to build the capacity of tribes as they develop and enhance their roles, responsibilities and accountability in Indian education. The pilot program will

fund projects created through collaborative agreements between TEAs and SEAs that allow for TEAs to perform some state-level functions for certain federal grant programs funded through the ESEA, within public schools located on tribally controlled lands. STEP grants are three-year awards, and year one grant amounts are listed below. Grantees and their SEA partners are:

Nez Perce Tribe, Idaho - \$451,481,

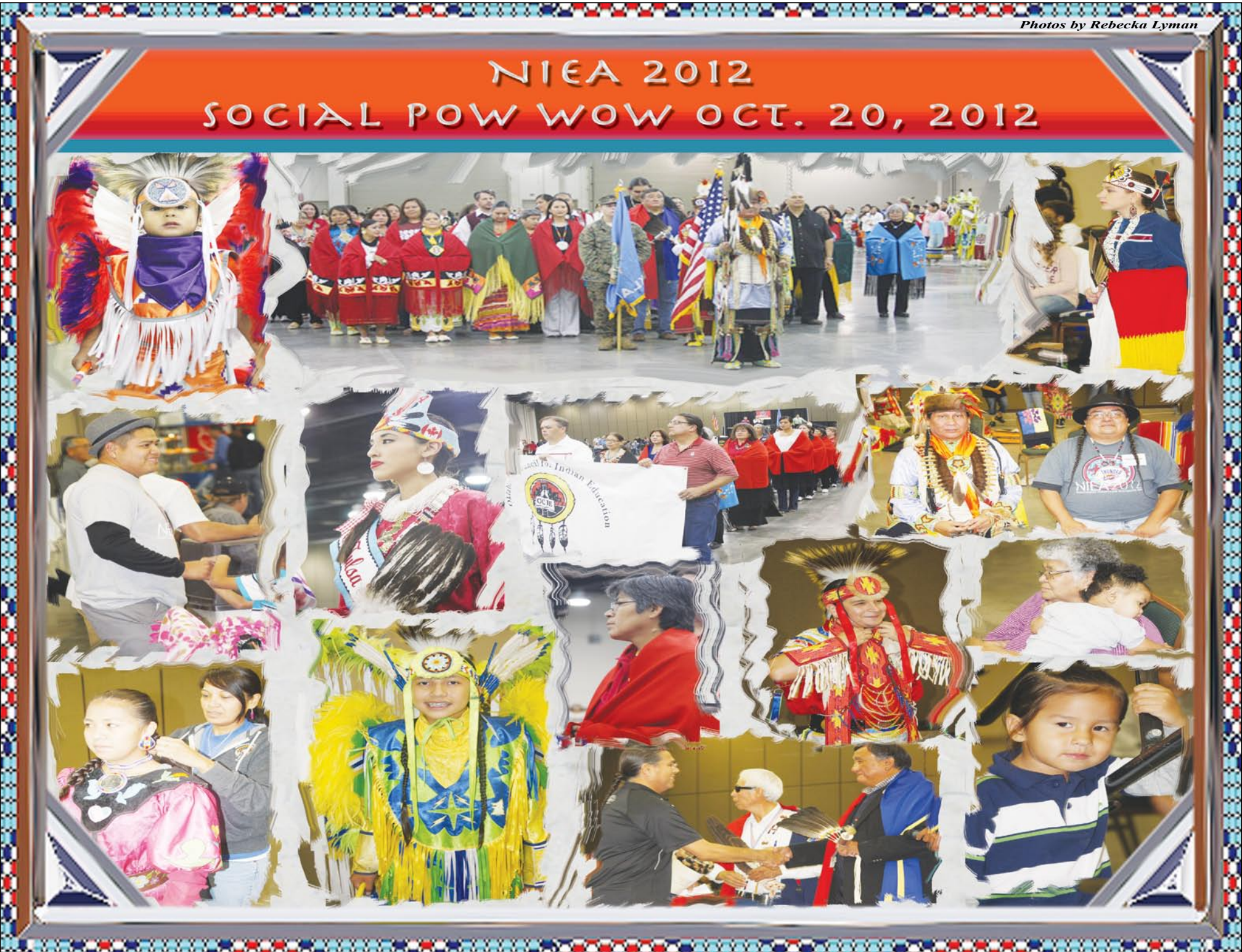
The Navajo Nation Diné Department of Education, New Mexico - \$357,347,

The Chickasaw Nation, Oklahoma - \$739,246 (Cheyenne and Arapaho tribes is a joint partner and will receive half of the funding each year),

Confederated Tribes of Umatilla Indian Reservation, Oregon - \$385,436.

Executive Director of Education, Teresa Dorsett, stated, “that this type of opportunity will expand our services that we can provide in the local educational agencies. It also provides a long-overdue opportunity to partner with the State Department of Education in assisting with the Education of our tribal students. Through this grant, the Cheyenne and Arapaho tribes Department of Education will hire four new staff to meet the goals and objectives of the grant; will fund elders, traditional persons, and consultants to assist in the creation of a professional development curriculum that will be used for public school teacher and administrator professional development trainings; and will secure funds to purchase software for a student data base tracking system for tribal students. These types of opportunities and resources will aid in establishing a better working relationship with the State and LEA’s in the education of our Indian students.”

The grant is a three-year grant beginning Oct. 1, 2012. For more information contact Teresa Dorsett, Cheyenne and Arapaho Education, executive director at (405) 422-7562.



Photos by Rebecka Lyman

SPORTS
SPOTLIGHT

Junior, Kyle Gilbert is a 6'1" guard for the Calumet High School basketball team.

How old were you when you started playing basketball?

I really don't know how old I was, I just remember playing at Darlington School in El Reno with my friends and playing for the school's team. I love to play basketball and I want to be the best at it.

What is your biggest accomplishment in basketball?

I used to not be that strong in shooting. I started to practice everyday and playing against different types of people so my shooting abilities would get better.

What is one or two things you currently do in your training to keep yourself in shape?

Recently Coach Carr has me training at 6 a.m. in the morning at the school. I have an intense workout and he and I will play one-on-one. In eighth hour we have basketball drills and workout again.

What would be your ultimate achievement?

Play college basketball and win State Championship this year and next.

What is your biggest challenge and what do you do to reach the challenge?

My school work, paying attention and trying to learn would be my main challenge. I try my best not to talk with my friends during class so that I can pay attention to my teachers. I know I have to make the grade so that I can play college basketball.

What do you do in your off season?

I lift weights and push myself to lift as much as I can so that I can be bigger

and stronger than my opponents. I practice on my shooting and try to get better at basketball.

What is your favorite food?

My mom's enchiladas.

What type of music do you like?

I like to listen to rap and country music. My favorite rap artist is Drake and my favorite country artist is Taylor Swift.

Who is your favorite athlete?

That is easy ... Derrick Rose, he plays for the Chicago Bulls.

What do you plan to do after high school?

I plan to attend Haskell

University and play basketball for them. I really want a basketball career and would like to go overseas and play basketball.

Russell Means

continued from page 7

Courtesy photo

Russell Means, seen gained international notoriety as one of the leaders of the 71-day armed occupation of Wounded Knee in South Dakota in 1973 and continued to be an outspoken champion of American Indian rights after launching a career as an actor in films and television in the 1990s, has died, October 22, 2012. He was 72.

ervation on the orders of someone in AIM's leadership because they suspected she was an FBI informant.

Two activists – Arlo Looking Cloud and John Graham – were eventually convicted of murder. The third has never been charged.

Also in 1975, murder charges were filed against Means and Dick Marshall, an AIM member, in the shooting death of a Sioux man at a saloon in the town of Scenic, S.D. Marshall served 24 years in prison. Means was acquitted.

His activism extended to tribes beyond the United States. In the mid-1980s, Means traveled to Nicaragua to support indigenous Miskito Indians who were fighting the Sandinista government.

Born on the Pine Ridge Indian Reservation, Means grew up in the San Francisco area and battled drugs and alcohol as a young man before becoming an early leader of AIM.

With his rugged good looks and long, dark braids, he also was known for a handful of Hollywood roles, most notably in the 1992 movie *The Last of the Mohicans*, in which he portrayed Chingachgook alongside Daniel Day-Lewis' Hawkeye.

He also appeared in the 1994 film *Natural*

Born Killers, voiced Chief Powhatan in the 1995 animated film *Pocahontas* and guest starred in 2004 on the HBO series *Curb Your Enthusiasm*.

Means also ran unsuccessfully for the Libertarian nomination for president in 1988 and briefly served as a vice presidential candidate in 1984 on the ticket of Hustler publisher Larry Flynt.

Means always considered himself a Libertarian and couldn't believe that anyone would want to call themselves a Republican or a Democrat.

"It's just unconscionable that America has become so stupid," he said.

Means often refused interviews and verbally blasted journalists who showed up to cover his public appearances. Instead, he chose to speak to his fan base through YouTube videos and blog posts on his website.

Means recounted his life in the book *Where White Men Fear to Tread*. He said he pulled no punches in the autobiography, admitting to his frailties but also acknowledging his successes.

"I tell the truth, and I expose myself as a weak, misguided, misdirected, dysfunctional human being I used to be," he said.

Means died at his ranch in Porcupine, S.D. He announced in August 2011 that he had inoperable throat cancer and told The Associated Press that he would forego mainstream medicine in favor of traditional American Indian remedies.

Means' death came a day after former Sen. George McGovern died in Sioux Falls at the age of 90. McGovern had traveled to Wounded Knee with then-Sen. James Abourezk during the takeover to try to negotiate an end hostilities.

"I've lost two good friends in a matter of two to three days," Abourezk said Monday. "I don't pretend to understand it."

UPCOMING
ENTERTAINMENT

GEORGE LOPEZ

'It's Not Me, It's You'
Comedy Tour

November 10 CONCHO

LYNYRD SKYNYRD

November 17 CONCHO

Upcoming Shows:

GARY ALLAN & PAT GREEN
WITH SPECIAL GUEST KRISTEN KELLY November 30 CLINTON

JAMEY JOHNSON December 1 CONCHO

Tickets available at **Lucky Star Casino Box Offices**,
online at **Ticketstorm.com** or by phone at **866-966-1777**.

7777 North Hwy 81 • Concho, OK 73022 • 405-262-7612

301 NW. Lake Rd. • Canton, OK 73724 • 580-886-2490

/LuckyStarCasinos

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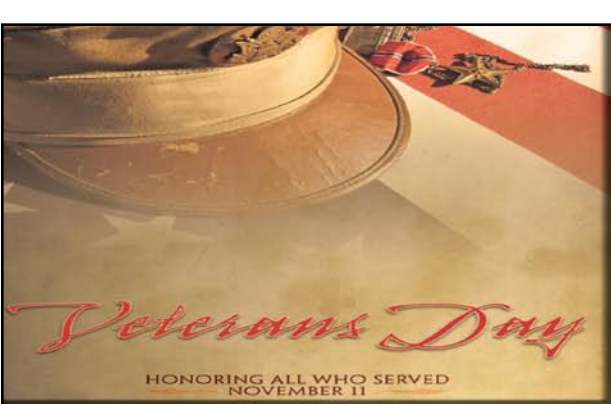
101 N. Indian Hospital Rd. • Clinton, OK 73601 • 580-323-6599

1407 S. Clarence Nash • Watonga, OK 73772 • 580-623-7333

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Lucky Star CASINO

CONCHO • CLINTON CANTON • WATONGA
An Enterprise of the Cheyenne and Arapaho Tribes



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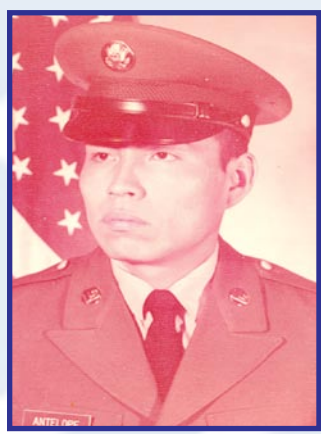
Trevor Aguilar
U.S. Army
Clinton, Okla.



Reuben Akeen
U.S. Army
Gracemont, Okla.



Fred Allrunner
U.S. Army-
U.S. Air Force
Thomas, Okla.



Terry Antelope
U.S. Army
Watonga, Okla.



Harvey Beartrack
U.S. Navy
Bessie, Okla.



Clifton BigMedicine
U.S. Army
Oklahoma City



Adam C. BigMedicine
U.S. Marines
Oklahoma City



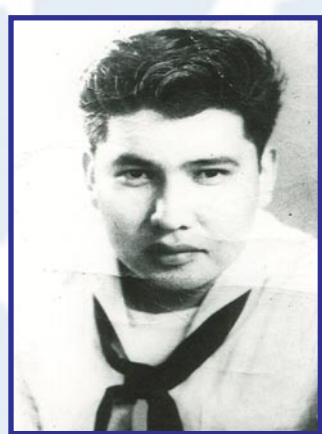
James John (JJ) Black
U.S. Army
Watonga, Okla.



Eugene Blackbear III
U.S. Army
Watonga, Okla.



James Blackbear
U.S. Army
Kingfisher, Okla.



Archie Anthony Blackowl
U.S. Navy
Oklahoma City



Clarence L. (Scorp) Blackowl Sr.
U.S. Army
El Reno, Okla.



Sam B. Blackowl
U.S. Navy
El Reno, Okla.



Steven L. Blackowl
U.S. Army
El Reno, Okla.



William E. Blackowl Sr.
U.S. Army
El Reno, Okla.



Ardena Blackowl Rodriguez
U.S. Air Force
San Antonio, Texas



Daniel Blackwolf
U.S. Navy
Watonga, Okla.



Don Blackwolf
U.S. Air Force
Anadarko, Okla.



Joe Arlen Blackwolf
U.S. Army
El Reno, Okla.



Robert E. Blackwolf
U.S. Army
Watonga, Okla.



Armor David Brown
U.S. Army
Washington, D.C.



Sonja Anne Brown
U.S. Army
Eugene, Okla.



John Guerrier Burns
U.S. Army
Concho, Okla.



Don Blackwolf
U.S. Air Force
Anadarko, Okla.



Laird Whitebird Cometsevah
U.S. Air Force
Clinton, Okla.



Keeno Condulle
U.S. Army National
Guard
Oklahoma City



Adrian Cross
U.S. Army
Billings, MT



Edward Curtis
U.S. Army
El Reno, Okla.



Luis M. Desrosier
U.S. Army
Lawton, Okla.



Dr. Ralph Dru
U.S. Army
Shreveport, LA



Clifton Ellis
U.S. Army
El Reno, Okla.



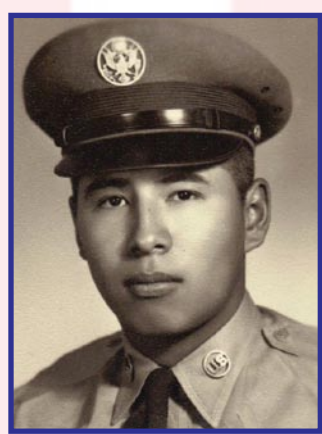
Bruce Fire
U.S. Army
Concho, Okla.



Carolyn Fletcher
U.S. Army
Clinton, Okla.



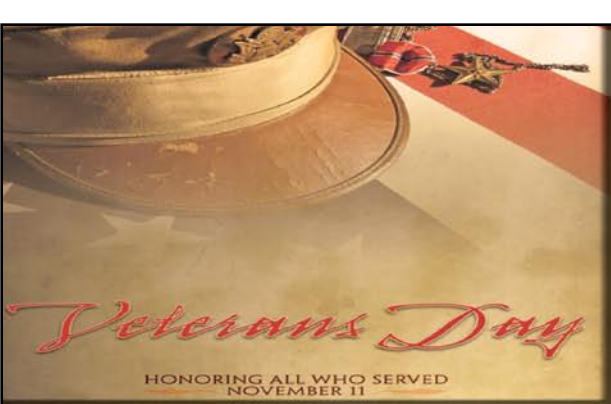
John K. Fletcher
U.S. Marines
Concho, Okla



Joseph Fletcher
U.S. Air Force
Geary, Okla.



Virgil Franklin Sr.
U.S. Navy
El Reno, Okla.



A Special Tribute Cheyenne & Arapaho Veterans 2012



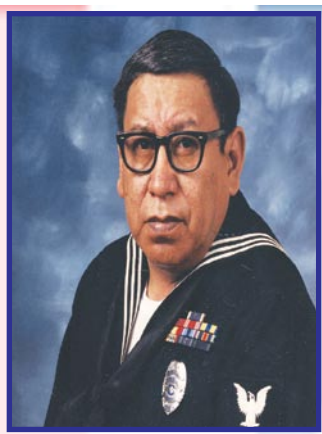
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William Garms
U.S. Air Force
League City, Texas



Donald Garms
U.S. Army
Kingfisher, Okla.



Martin Goodblanket
U.S. Navy-U.S. Army
Clinton, Okla.



Hershel Gorham
U.S. Army
El Reno, Okla.



Charles F. Haag
U.S. Navy
Calumet, Okla.



Rollin Haag Sr.
U.S. Navy
Calumet, Okla.



Cincinnati Harjo
U.S. Army
El Reno, Okla.



Adrianna D. Gould-Harris
U.S. Air Force
Canton, Okla.



Alton Lewis Harrison Sr.
U.S. Marines
Clinton, Okla.



Michael Dean Hart
U.S. Marines
Phoenix, Ariz.



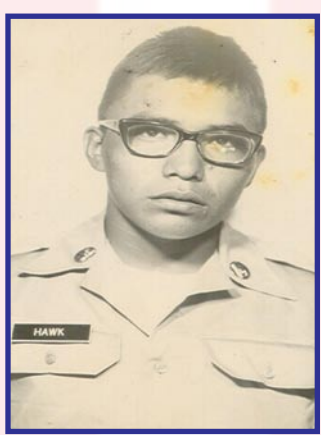
Sam Hart
U.S. Marines-
U.S. Navy
El Reno, Okla.



Donna Grace Hawk-West
U.S. Army
Norman, Okla.



Freeman Hawk Sr.
U.S. Navy
Hammon, Okla.



John Albert Hawk
U.S. Army
Norman, Okla.



Leslie Hawk
U.S. Army
Clinton, Okla.



Virginia Lynn Hawk
U.S. Army
Norman, Okla.



Herman Mickey Hawk
U.S. Army
Hammon, Okla.



Charles Hawkins
U.S. Army
Concho, Okla.



Eddie Henry
U.S. Army
Clinton, Okla.



Hiram Howling Buffalo
U.S. Navy
Clinton, Okla.



Horrace Howlingwater
U.S. Army
Hammon, Okla.



Christopher L. Joseph
U.S. Marines
Oklahoma City



Michael Kodaseet
U.S. Army
Geary, Okla.



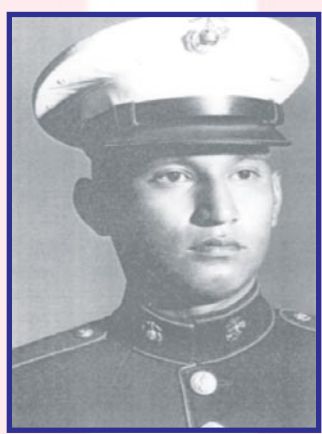
Edward Krapcha
U.S. Army Reserve
El Reno, Okla.



Dennis Kyrk
U.S. Air Force
Oklahoma City, Okla.



John Lamebull Sr.
U.S. Army
Kingfisher, Okla.



Sammy S. Lamebull
U.S. Marines
El Reno, Okla.



Sampson (Sammy) Lamebull
U.S. Army
Kingfisher, Okla.



Gilbert Lamebull
U.S. Army
Kingfisher, Okla.



Scott F. Lanham
U.S. Navy
Seminole, Okla.



Curtis J. Levi
U.S. Army
Geary, Okla.



Jerry Levi
U.S. Army
Geary, Okla.



John T. Levi
U.S. Marines
Green Valley, Ariz.



John T. Levi Jr.
U.S. Marines
Green Valley, Ariz.



Zachary Whiteshield Limpy
U.S. Army
Seiling, Okla.

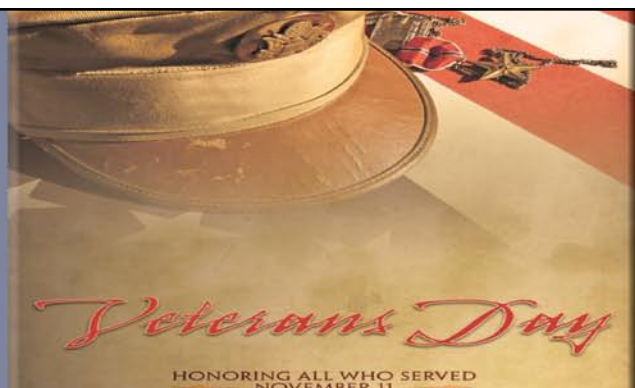


Henry Limpy
U.S. Army
Seiling, Okla.

A Special Tribute Cheyenne & Arapaho Veterans 2012



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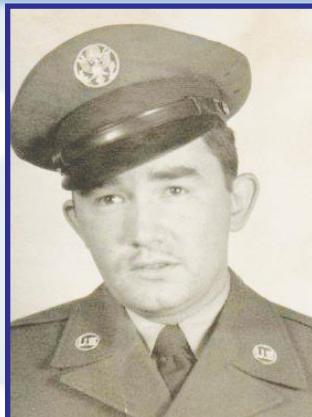
**William "Bill"
Lonebear
U.S. Army
Thomas, Okla.**



**Kenneth Chester
Lumpmouth
U.S. Navy
Colony, Okla.**



**Jesus Whiteshirt
Matanane
U.S. Army
McCloud, Okla.**



**Gleyne McKeegan
U.S. Army
Bogata, Texas**



**Wilbur L. McKeegan
U.S. Air Force
Hallettsville, Texas**



**Sullivan K. Miller Jr.
U.S. Marines
Midwest City, Okla.**



**Doug Milligan
U.S. Air Force
Clinton, Okla.**



**Carl Monroe Nowlin
U.S. Army
Canton, Okla.**



**Cora Lee Red
Buffalo Nation
U.S. Navy
North Beach, Md.**



**Elijah J. Nells
U.S. Army
Moody, Okla.**



**Lena N. Nells
U.S. Army
Moody, Okla.**



**Thomas W. Nowlin
U.S. Air Force
Colony, Okla.**



**Ramona Oldbear
U.S. Marine Corp.
Clinton, Okla.**



**Stanley Theok
Oldbear
U.S. Army
Geary, Okla.**



**Wesley Osage
U.S. Navy
Longdale, Okla.**



**Cyrus Packer
U.S. Army Air Corp.
Clinton, Okla.**



**Bill Pratt
U.S. Navy
Carlton, Okla.**



**Harriett
Cooley-Pratt
U.S. Air Force
Tahlequah, Okla.**



**Harvey Pratt
U.S. Marines
El Reno, Okla.**



**Ben Red Buffalo Jr.
U.S. Army Air Corp
Geary, Okla.**



**Allen Redbird Sr.
U.S. Army
Kingfisher, Okla.**



**Allen Redbird Jr.
U.S. Marines
Kingfisher, Okla.**



**Jamie Rezendez
U.S. Air Force
Clinton, Okla.**



**Arleigh Rhoads
U.S. Marines
Clinton, Okla.**



**Murray Rhoads
U.S. Marines
Clinton, Okla.**



**Ryan Rivers
U.S. Army
Watonga, Okla.**



**John D. Rodriguez
U.S. Navy
San Antonio, Texas**



**Robert M. Rodriguez
U.S. Navy
San Antonio, Texas**



**Allen A.
Roman Nose
U.S. Marines
Watonga, Okla.**



**Nelson Sage
U.S. Army
Greenfield, Okla.**



**Vince L. Scott
U.S. Army
Oceanside, Calif.**



**Frank Seger
U.S. Army
El Reno, Okla.**



**Hannah
Shahiyela Sheridan
U.S. Navy
El Reno, Okla.**



**Angelo Sleeper Sr.
U.S. Army
El Reno, Okla.**



**Ronnie Sleeper
U.S. Army
Concho, Okla.**

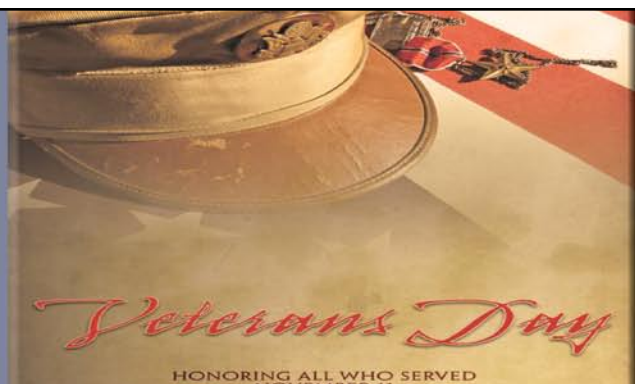


**Moses Starr
U.S. Army
Concho, Okla.**

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Kent Stonecalf
U.S. Army
Clinton, Okla.



Mitchell Sumpter
U.S. Navy
Clinton, Okla.



Amaris Sweezy
U.S. Navy
Greenfield, Okla.



John W. Tallbear
U.S. Marines
El Reno, Okla.



Clarence Tallbull
U.S. Navy
Kingfisher, Okla.



Mark E. Two Babies
U.S. Army
Watonga, Okla.



**Verna
Rusheen Warden**
U.S. Army
Clinton, Okla.



Rayburne Washee
U.S. Army
Wichita, Kansas



Jonathan Waweah
U.S. Marines
Calumet, Okla.



Lance V. Wells
U.S. Navy
El Reno, Okla.



Melvin White
U.S. Army
Claremore, Okla.



Melvin Whitebird
U.S. Marines
Kingfisher, Okla.



**Luther Blackbear
WhiteEagle**
U.S. Army
Kingfisher, Okla.



Barry Whiteman
U.S. Marines
Oklahoma City



**Bruce
Whiteman Sr.**
U.S. Army
Seiling, Okla.



**Daniel
Whiteman Sr.**
U.S. Army
Unknown



**Frank
Whiteman Sr.**
U.S. Air Force
El Reno, Okla.



**Irene Frances
Whitetail-Mendivil**
U.S. Air Force
Phoenix, Ariz.



Damon Robert White
Thunder
U.S. Army
Durango, Colo.



Jack B. Williams
U.S. Army
Canton, Okla.



Bill Williams
U.S. Army
Canton, Okla.



Dana D. Wilson
U.S. Marine
Ponca City, Okla.



Edward P. Wilson
U.S. Army
Norman, Okla.



Marvin Wilson
U.S. Army
El Reno, Okla.

Veterans Not Pictured

Gilbert Baxter
U.S. Army
Kingfisher, Okla.

Franklin Bushy
U.S. Army
Kingfisher, Okla.

Burton Hawk
U.S. Army
Kingfisher, Okla.

Joe Red Bird
U.S. Army
Kingfisher, Okla.

Wayne Beartrack
U.S. Army
Kingfisher, Okla.

Charles Campbell
U.S. Army
Kingfisher, Okla.

Leroy Hawk
U.S. Army
Kingfisher, Okla.

Emmitt Red Bird
U.S. Army
Kingfisher, Okla.

Arthur Blackburn
U.S. Army
Kingfisher, Okla.

Catherine Cook
U.S. Army
Kingfisher, Okla.

George Horn
U.S. Air Force
Kingfisher, Okla.

Allen Rednose
U.S. Army
Kingfisher, Okla.

Floyd G. Blackbear
U.S. Army
Kingfisher, Okla.

Gene Daukei
U.S. Navy
Kingfisher, Okla.

Jasper Howling
Crane
U.S. Air Corp
Kingfisher, Okla.

Eugene Rednose
U.S. Army
Kingfisher, Okla.

Frank Buffalomeat
U.S. Army
Kingfisher, Okla.

Ralph Goodman Sr.
U.S. Army
Kingfisher, Okla.

Edward Harrison
U.S. Army
Kingfisher, Okla.

Nathan Rednose
U.S. Army
Kingfisher, Okla.

Roe Buffalomeat
U.S. Navy
Kingfisher, Okla.

Ralph Goodman Jr.
U.S. Navy
Kingfisher, Okla.

Gregory Lamabull
U.S. Army
Kingfisher, Okla.

Robert Rednose
U.S. Army
Kingfisher, Okla.

Joseph Burgess
U.S. Navy
Kingfisher, Okla.

Ralph Goodman III
U.S. Army
Kingfisher, Okla.

Garrett Medicine
Bear
U.S. Army
Kingfisher, Okla.

Alfred Roman
Nose
U.S. Army
Kingfisher, Okla.

Johnny Burgess
U.S. Navy
Kingfisher, Okla.

Keith Garms
U.S. Army
Kingfisher, Okla.

Leslie Medicine
Bear
U.S. Marines
Kingfisher, Okla.

Joseph Roman
Nose
U.S. Army
Kingfisher, Okla.

Jonathan Burgess
U.S. Army
Kingfisher, Okla.

Albert Hamilton Sr.
U.S. Army
Kingfisher, Okla.

Dean Medicine
Bear
U.S. Marines
Kingfisher, Okla.

Roy S. Starr
U.S. Army
Kingfisher, Okla.

Alonzo Bushy
U.S. Army
Kingfisher, Okla.

Patrick Hamilton
U.S. Army
Kingfisher, Okla.

Bill Red Bird
U.S. Army
Kingfisher, Okla.

Glenn Starr
U.S. Army
Kingfisher, Okla.

Bruce Bushy
U.S. Army
Kingfisher, Okla.



Tulane Wilson
U.S. Army
Foss, Okla.



Nelson Wolfchief, Jr.
U.S. Army
El Reno, Okla.



Nelson Wolfchief, Sr.
U.S. Air Force
El Reno, Okla.

Alex Stone
U.S. Army
Kingfisher, Okla.

William Tall Bird
III
U.S. Army
Kingfisher, Okla.

Theodore Tasso
U.S. Army
Kingfisher, Okla.

Herbert Wood
U.S. Navy
Kingfisher, Okla.
Richard White Jr.
U.S. Army
Kingfisher, Okla.

Anthony Swallow
U.S. Army
Kingfisher, Okla.

Alfred Tall Bird
U.S. Marines
Kingfisher, Okla.

Robert Tasso
U.S. Army
Kingfisher, Okla.

Billy Ralph Turtle
U.S. Air Force
Kingfisher, Okla.

George Swallow
U.S. Army
Kingfisher, Okla.

John Black Bird
Tasso
U.S. Army
Kingfisher, Okla.

Henry Tasso
U.S. Army
Kingfisher, Okla.

Winston Turtle
U.S. Marines
Kingfisher, Okla.

James Walter
Swallow
U.S. Navy
Kingfisher, Okla.

Roy Tasso
U.S. Army
Kingfisher, Okla.

Gregory Tasso
U.S. Marines
Kingfisher, Okla.

Jacqualina Turtle
U.S. Marines
Kingfisher, Okla.

Daniel Tall Bird Sr.
U.S. Army
Kingfisher, Okla.

Dickie Tasso
U.S. Army
Kingfisher, Okla.

Jerdie White Bird
U.S. Marines
Kingfisher, Okla.

Richard H. Wood
U.S. Navy
El Reno, Okla.

William Tall Bird
Jr.
U.S. Army
Kingfisher, Okla.

Johnny Tasso
U.S. Navy
Kingfisher, Okla.

Lutz White Bird
U.S. Marines
Kingfisher, Okla.

Clarence Blackowl
Jr.
U.S. Marines
El Reno, Okla.

Gilmore Tasso
U.S. Army
Kingfisher, Okla.

Robert Wood
U.S. Navy
Kingfisher, Okla.